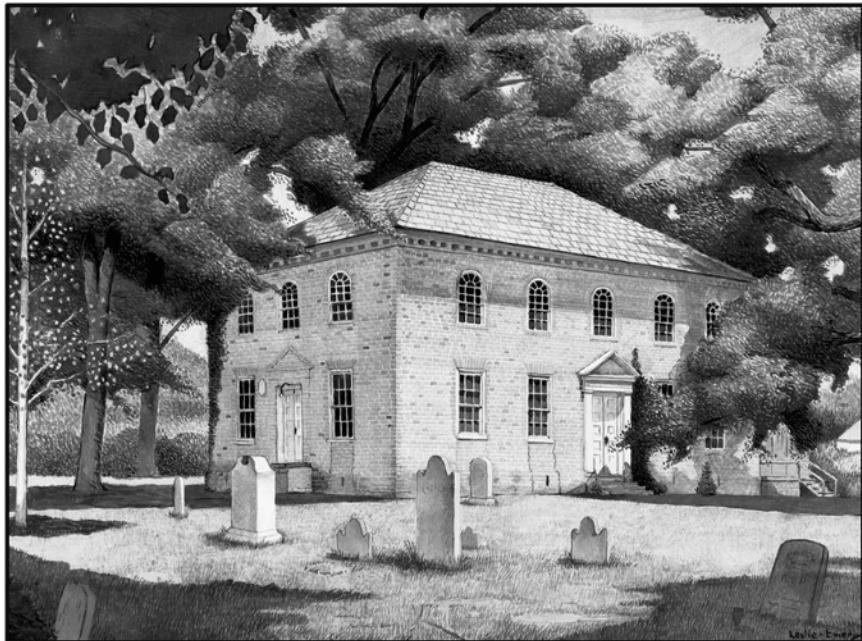


# THE FALLS CHURCH

*an Episcopal congregation*

*A welcoming community called to be an enduring  
beacon of faith, hope, and love to all.*



Third Sunday in Lent  
March 12, 2023

Prelude

*Adagio in e minor*

Frank Bridge

(1879-1941)

## THE WORD OF GOD

Opening Hymn 686

Come, thou fount of every blessing

*Nettleton*

### Opening Acclamation

*Celebrant*      Bless the Lord who forgives all our sins  
*People*            God's mercy endures for ever.

*The people kneel.*

### The Decalogue

Hear the commandments of God to his people:  
I am the Lord your God who brought you out of bondage.  
You shall have no other gods but me.

*People*            **Amen. Lord have mercy.**

You shall not make for yourself any idol.

*People*            **Amen. Lord have mercy.**

You shall not invoke with malice the Name of the Lord your God.

*People*            **Amen. Lord have mercy.**

Remember the Sabbath day and keep it holy.

*People*            **Amen. Lord have mercy.**

Honor your father and your mother.

*People*            **Amen. Lord have mercy.**

You shall not commit murder.

*People*            **Amen. Lord have mercy.**

You shall not commit adultery.

*People* Amen. Lord have mercy.

You shall not steal.

*People*                    **Amen. Lord have mercy.**

You shall not be a false witness.

*People* Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.

*People* Amen. Lord have mercy.

Jesus said, “The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these.” *Mark 12:29-31*

## Confession of Sin

*Celebrant* Let us confess our sins against God and our neighbor.

## *Celebrant and People*

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

**we have not loved our neighbors as ourselves**

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

*Celebrant* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## Kyrie

William K. Trafka

Musical score for 'Kyrie Eleison' in 3/4 time, featuring five staves of music with lyrics in German and English. The score consists of five staves of music with lyrics in German and English. The lyrics are as follows:

Ky - ri - e e - lei - son,  
Ky - ri - e e - lei - son, Ky - ri - e e - lei - son.  
Christ - e e - lei - son, Christ - e e -  
lei - son, Christ - e e - lei - son, e - lei -  
son. Ky - ri - e e - lei - son,  
Ky - ri - e e - lei - son, Ky - ri - e, Ky - ri - e e -  
lei - son.

## The Collect of the Day

*Celebrant* The Lord be with you.

*People* And also with you.

*Celebrant* Let us pray.

### *Celebrant*

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

*The people sit.*

**The First Lesson (*seated*)**

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, “Give us water to drink.” Moses said to them, “Why do you quarrel with me? Why do you test the LORD?” But the people thirsted there for water; and the people complained against Moses and said, “Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?” So Moses cried out to the LORD, “What shall I do with this people? They are almost ready to stone me.” The LORD said to Moses, “Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, “Is the LORD among us or not?”

*Reader*            The Word of the Lord.  
*People*          Thanks be to God

The Psalm

Psalm 95

*Venite, exultemus*

*at 11:15 a.m. sung by the choir*

- 1 Come, let us sing to the Lord; \*  
    let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving \*  
    and raise a loud shout to him with psalms.
- 3 For the Lord is a great God, \*  
    and a great King above all gods.
- 4 In his hand are the caverns of the earth, \*  
    and the heights of the hills are his also.
- 5 The sea is his, for he made it, \*  
    and his hands have molded the dry land.
- 6 Come, let us bow down, and bend the knee, \*  
    and kneel before the Lord our Maker.
- 7 For he is our God, and we are the people of his pasture and the sheep of his hand. \*  
    Oh, that today you would hearken to his voice!
- 8 Harden not your hearts, as your forebears did in the wilderness, \*  
    at Meribah, and on that day at Massah, when they tempted me.
- 9 They put me to the test, \*  
    though they had seen my works.
- 10 Forty years long I detested that generation and said, \*  
    “This people are wayward in their hearts; they do not know my ways.”
- 11 So I swore in my wrath, \*  
    “They shall not enter into my rest.”

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

*Reader*                    The Word of the Lord.  
*People*                    **Thanks be to God**

*Children are invited to follow the Crucifer into Nicolson Hall for Children's Chapel.*

**Sequence Hymn 448**

O love, how deep,  
 how broad, how high  
*verses 1 & 4*

*Deus tuorum militum*

1 O love, how deep, how broad, how high,  
 how passing thought and fantasy,  
 that God, the Son of God, should take  
 our mortal form for mortals' sake!

4 For us to wicked hands betrayed,  
 scourged, mocked, in purple robe arrayed,  
 he bore the shameful cross and death;  
 for us gave up his dying breath.

*Gospeler*      The Holy Gospel of our Lord Jesus Christ according to John.  
*People*        Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come

and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

*Gospeler*      The Gospel of the Lord.  
*People*        Praise to you, Lord Christ.

The Sermon

The Rector

*A period of silence follows the homily. Please stand when the Celebrant stands for the Creed.*

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.

Through him all things were made.  
For us and for our salvation

    he came down from heaven:  
    by the power of the Holy Spirit  
        he became incarnate from the Virgin Mary,  
        and was made man.

For our sake he was crucified under Pontius Pilate;  
    he suffered death and was buried.

    On the third day he rose again  
        in accordance with the Scriptures;  
    he ascended into heaven  
        and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
    and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
    who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
    and the life of the world to come. Amen.

## The Prayers of the People

With confidence and trust let us pray to God.

For the one holy catholic and apostolic Church let us pray to God.

Lord of compassion,

**in your mercy hear us.**

For the mission of the Church, that in faithful witness it may preach the gospel to the ends of the earth, let us pray to God.

Lord of compassion,

**in your mercy hear us.**

For peace in the world that a spirit of respect and reconciliation may grow among nations and peoples, let us pray to God.

Lord of compassion,

**in your mercy hear us.**

For the poor, the persecuted, the sick, and all who suffer, especially Amy and Liz, that they may be relieved and protected, let us pray to God.

Lord of compassion,

**in your mercy hear us.**

For those whom we have injured or offended, let us pray to God.

Lord of compassion,

**in your mercy hear us.**

For grace to amend our lives and to further the reign of God, let us pray to God.

Lord of compassion,

**in your mercy hear us.**

In communion with all those who have walked in the way of holiness, especially Frank, let us pray to God.

Lord of compassion,

**in your mercy hear us.**

*The Celebrant adds a concluding Collect.*

## The Peace

*Celebrant*      The peace of the Lord be always with you.  
*People*        And also with you.

## Welcome and Announcements

### THE HOLY COMMUNION

#### The Offertory

9:00 a.m.

“The first one ever, oh, ever to know” Linda Wilberger Egan  
(b.1946)

11:15 a.m.

“Like as the hart”

Herbert Howells  
(1892-1983)

*He, watching over Israel, slumbers not nor sleeps;  
Should'st thou, walking in grief, languish, He will quicken thee.*

*During the offertory you are invited to make a gift to God's mission at The Falls Church through Realm (see QR code), on the website, by texting TFCE at 73256, or by using the plate.*



#### Give Now Online

You may "Give Now" electronically in one of three ways (1) Scanning the QR code with your smartphone; (2) Visiting [onrealm.org/thefallschurch/-/form/give/now](http://onrealm.org/thefallschurch/-/form/give/now) or (3) Texting TFCE to 73256 to give by text message.

**Presentation Hymn 143, The glory of these forty days** *Erhalt uns, Herr v. 1 & 5*

The glory of these forty days  
We celebrate with songs of praise;  
For Christ, by whom all things were made,  
Himself has fasted and has prayed.

O Father, Son, and Spirit blest,  
To thee be every prayer addressed;  
Who art in threefold Name adored,  
From age to age the only Lord.

**The Great Thanksgiving**      **Eucharistic Prayer A**      (BCP p. 361)

*Celebrant*      The Lord be with you.  
*People*      **And also with you.**  
*Celebrant*      Lift up your hearts.  
*People*      **We lift them to the Lord.**  
*Celebrant*      Let us give thanks to the Lord our God.  
*People*      **It is right to give God thanks and praise.**

*Then, facing the Holy Table, the Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Ho- ly, ho- ly, ho- ly Lord,  
 God of pow- er and might, heav- en and earth are  
 full of your glor- y. Ho- san - na, ho- san - na, ho- san - na in the  
 high - est. Bles - sed is he who comes in the name of the  
 Lord. Ho - san - na, ho - san - na, ho - san - na in the high - est! ||

*Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:  
**Christ has died.**  
**Christ is risen.**  
**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

*The Celebrant then continues*

As our Savior Christ has taught us, we now pray,

*People and Celebrant*

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins  
as we forgive those  
who sin against us.

Save us from the time of trial,  
and deliver us from evil.

For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

**The Breaking of the Bread**

*A period of silence is kept.*

## Fraction Anthem

## *Agnus Dei*

William K. Trafka

Je - sus, Lamb of God, have mer - cy on us.  
Je - sus, bear - er of our sins, have mer - cy on us.  
Je - sus, Re-deem - er, Re-deem - er of the world,  
do - na no - bis pa - cem, do - na no - bis  
pa - cem, do - na no - bis pa - cem.

## The Invitation to Communion

*All those who seek the Lord are welcome and invited to receive Holy Communion at this time. Should you desire to receive, the ushers will direct you to one of the stations (at 9:00 a.m.) or to the communion rail (at 11:15 a.m.) where the priest will offer you the host by placing the wafer in your outstretched palms. To receive the wine, guide the base of the chalice to your lips, tipping it slightly toward your lips, take a sip of wine, then tip chalice back toward the minister and release your fingers from the base of the chalice. If you do not wish to receive the wine, but would like to partake in this sacramental act, simply touch the chalice with your finger as the minister pronounces the words. Alternatively, simply fold your arms across your chest, and the minister will refrain from offering you the chalice. After receiving Communion, you may return to your seat.*

*Gluten-free wafers are available. Should you desire a gluten-free wafer, please let the priest know as you approach them for communion.*

Communion Music	9:00 a.m.	
Hymn 676	Sometimes I feel discouraged	<i>Balm in Gilead</i>
Communion Music	11:15 a.m.	
	“Sicut cervus”	Giovanni Pierluigi da Palestrina (1525 – 1594)
Hymn 649	O Jesus, joy of loving hearts	<i>Dickinson College</i>

Postcommunion Prayer (BCP, p. 366)

*Celebrant* Let us pray.

*The people kneel*

*People and Celebrant*

Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.

And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.

## Prayer over the People

*Celebrant*      Bow down before the Lord

*The people remain kneeling and the Celebrant says the following prayer:*  
Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. Amen.

## Dismissal

(BCP, p. 366)

*Gospeler*      Let us bless the Lord.  
*People*        **Thanks be to God.**

*The congregation departs after the retiring procession has completed.*

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**Celebrant**

The Rev'd. Matthew Dumont-Machowski

**Preacher**

The Rector

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**The Parish Prayer List**

**For Healing in Body, Mind, and Spirit**

*Immediate Needs*

Amy, Liz

*Long Term Prayers*

Joanna, Matthew, Michael, Robert

*Family and Friends*

Anne, Chris, Cindy, Cris, Dick, Grace, Heather, Jack, Judy, Kent

**For the Repose of the Soul of**

Frank Tracy Griswold III

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The Falls Church is a parish of The Episcopal Church, a member of the worldwide Anglican Communion. We share ministry with Christians in the Episcopal Diocese of Virginia.

The Most Rev'd. and Rt. Hon. Justin Welby, Archbishop of Canterbury  
The Most Rev'd. Michael B. Curry, Presiding Bishop and Primate, The Episcopal Church  
The Rt. Rev'd. E. Mark Stevenson, Bishop Diocesan, Diocese of Virginia

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Michael Ankuma, Heather Falen Ashby, Kathleen Bell, Matthew Harrington, Louise Liebeskind,  
Barb Mantegani, Amy Marshak, Kofi McCleary, David Scharre, James Weatherly (Treasurer),  
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