

## Sunday, July 24 – Sunday, July 31

Sunday, July 24:

- 10:00 a.m. – Service of Holy Eucharist, livestreamed (Contemporary Church)
- 11:15 a.m. – Coffee Hour (Parish Hall)

Monday, July 25:

Tuesday, July 26:

- 9:30 a.m. – Staff/Liturgy Planning Meetings (Board Room)
- 6:00 p.m. – Bible Study (Memorial Chapel, info [here](#))

Wednesday, July 27:

- 6:00 - 6:30 a.m. – Balanced Female Fitness Strength Class (Nicolson Hall, info [here](#))

Thursday, July 28:

- 6:00 - 6:30 a.m. – Balanced Female Fitness HIIT Class (Nicolson Hall, info [here](#))

Friday, July 29:

Saturday, July 30:

- 7:00 - 7:30 a.m. – Balanced Female Fitness HIIT Hustle Class (Nicolson Hall, info [here](#))
- 7:35 - 8:05 a.m. – Balanced Female Fitness Gentle Yoga Class (Nicolson Hall, info [here](#))
- 12:00 - 1:00 p.m. – Silent Witness Against Racial Injustice (Broad Street, info [here](#))

Sunday, July 31:

- 10:00 a.m. – Service of Holy Eucharist, livestreamed (Contemporary Church)
- 11:15 a.m. – Coffee Hour (Parish Hall)