

HOW TO PREPARE LUNCHES FOR SHELTERS

New Hope Housing needs additional sandwiches or bag lunches for homeless adults at Kennedy Shelter and Bailey's Shelter!

Depending on your capacity to help, here are 3 options:

1

Make Sandwiches

Prep ham & cheese or turkey & cheese sandwiches at home

Leave off condiments (we have them at the shelter!)

Bag them individually and label with the date and the type of meat

2

Make Bag Lunches

Follow the steps to make sandwiches

In a paper bag, include the sandwich, a water bottle, bag of chips, and other snacks to make a full lunch (decorating the paper bags are a great activity for kids!)

3

Donate Items for Lunches

Not able to make the lunches at home but can pick up extra items for lunches and drop them off? That's great as well! We have staff that can prepare the sandwiches on site.

Contact Sami to schedule a drop off :

703-799-2293 x 11 or ssmyth@newhopehousing.org

