

Humana

PRESENTS

## ACTIVE AGING WEEK

INTERNATIONAL COUNCIL ON ACTIVE AGING

# FREE EVENTS ALL WEEK LONG: OCTOBER 5 - 9, 2020

### **Mon., Oct. 5 @ 10 AM | A Walk in the Park | Community Spirit Park**

Grab your friends, relatives, or grandkids for a bike, walk or run at Community Spirit Park. Walk a lap and earn Active Aging swag! Park at the west lot off of 361st Ave (gravel road west of the HS). No registration required.

### **Tue., Oct. 6 @ 10 AM | Senior Explore Rec Field Day | Gorman Park**

Field games will be set up at Gorman Park outside the Saint Peter Community Center. Refreshments provided by the Recreation Department.  
No registration required.

### **Wed., Oct. 7 @ 2 PM | Senior Make and Take Craft Day | Senior Center**

Create fall crafts: all materials provided. Space limited, registration required.

### **Thu., Oct. 8 @ 11 AM | Pickleball Clinic | Veteran's Park Tennis Courts**

Want to learn the very basics and get to know the game of Pickleball? All are welcome and equipment will be provided! No registration required.

### **Fri., Oct. 9 @ 10 or 11:30 AM | Mini Expo | Saint Peter Community Gym**

The mini Expo will have a few of your favorite local vendors, swag and all the information you look forward to every year. Due to new restrictions, you must register for this free event to reserve your spot.

Register with the Recreation Department online or call, 934-0667

**REGISTRATION FOR ALL PROGRAMS IS OPEN. PLEASE CALL 934-0667 FOR MORE INFORMATION.**

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