



# Multisport Program for Youth with Disabilities



*This Program is made possible with funding from the Canadian Tire Jumpstart Charities.*

This FREE exciting multisport program is for youth ages 10 - 17 years who have a disability to build confidence and competence so that they may continue to be active for life! Friends and siblings ages 10 - 17 are also invited to register. Accessible transportation is available by D.R.E.A.M.S and sports equipment will be provided at no extra charge.

<b>Saturday Dates</b>	<b>Time</b> (incl. equipment set-up)	<b>Sport</b>	<b>Location</b>
November 2	1 - 3 p.m.	Goalball	Vecova Recreation Centre 3304 33 St N.W.
November 9	1 - 3 p.m.	Adaptive Fencing	Repsol Sport Centre 2225 Macleod Trail S.E.
November 16	1 - 3 p.m.	Wheelchair Basketball	Mount Royal University 4825 Mt Royal Gate S.W.
November 23	1 - 3 p.m.	Sitting Volleyball	Junior Varsity Volleyball Training Centre #130, 10 Smed Lane S.E.
November 30	1 - 2:30 p.m.	Adaptive Taekwondo	Southland Leisure Centre 2000 D Southland Dr S.W.
December 7	1 - 4 p.m.	Adaptive Skiing	Canada Olympic Park 88 Canada Olympic Rd S.W.

**To register, please call 403-268-3800, select option #1. Course code #41965.  
Late registrations is accepted.**

For more information, please call 403-268-2026.