

PARENTING THE TEEN BRAIN

Please join Tippecanoe County Youth Services in partnership with Anderson University for a VIRTUAL training about **Parenting the Teen Brain!**

In this interactive training, you will:

1. Learn the science of the teenage brain.
2. Learn how teens respond to authority, anger, risk taking and impulse control.
3. Learn how trauma impacts a teens response to situations.
4. Role play and practice new strategies to de-escalate situations and increase communication.
5. Learn alternatives to calling the police to keep your child(ren) out of the juvenile justice system.

This workshop was developed by Strategies for Youth staff, in consultation with child and adolescent psychologists. The interactive, multi-disciplinary training is designed for parents who are raising teenagers or pre-teens, and are looking for non-judgmental, evidence-based strategies to help decipher and navigate the turbulent adolescent years successfully with their children. You'll learn how to de-escalate and reduce conflict and keep you and your children safe.



**Date: Tues & Wed,
Dec. 1st and 2nd, 2020**

Time: 6pm-8pm

Location: Your Home! No internet? No Problem! Contact mriordan@tippecanoe.in.gov for options!

Cost: FREE! Just sign up!

REGISTRATION LINK:

<http://bit.ly/DecemberPTTB>

Registration deadline is November 25th!

Questions? Contact Maddie Riordan mriordan@tippecanoe.in.gov

Please note, it is highly encouraged to attend both sessions, but it is not required.