

Over-the-counter (OTC) Items:

Your coverage includes non-prescription OTC (Over the Counter) health related items like vitamins, pain relievers, cough and cold medicines and first aid supplies.

Quarterly OTC benefit periods are January – March, April – June, July – September, and October – December

Quarterly allowances must be used within the quarter.

The entire \$30 allowance must be used within 1 transaction.

Unused benefit amounts will NOT carry over to the next quarter

OTC Items must be purchased through a catalog that will be provided and is NOT available for purchase at retail stores

You will receive a catalog and ordering guidance in the mail.

* The OTC benefit does not apply to the Maximum Out-of-Pocket Amount *

You have a \$30 allowance every quarter (3 months) to spend on plan-approved OTC items.