9TH ANNUAL
STATE OF THE HEART

Saturday, June 2, 2018
8:30 a.m. – 3:10 p.m.
Li Ka Shing Knowledge Institute,
209 Victoria St. Toronto, ON, 2nd level
Allan Waters Family Auditorium

PLANNING COMMITTEE

Milan Gupta, MD, FRCP, FACC
Associate Clinical Professor of Medicine,
McMaster University
Assistant Professor of Medicine,
University of Toronto
Medical Director, Canadian Collaborative Research Network
Brampton, ON

Peter Liu, MD, FRCP
Chief Scientific Officer & Vice President, Research
University of Ottawa Heart Institute
Professor of Medicine,
University of Ottawa
Ottawa, ON

Ajay Kapur, MD, FRCP
Clinical Instructor
University of Toronto
Toronto, ON

Marla Shapiro, CM, CCFP, MHSc, FRCP, FCFP, NCMP
Professor, DFCM
University of Toronto
Toronto, ON

Michel Sergerie, RN, MSN, CCN(c)
Associate Director of the Education Directorate,
Montreal, QC

AGENDA

8:30 a.m. Welcome
8:45 a.m. Case: patient with diabetes, hypertension and stable CAD
          Milan Gupta
8:50 a.m. What is the target A1c and how do we get there?
          Paul Oh
9:08 a.m. What is the target BP and how do we get there?
          Robert Hegele
9:26 a.m. What is the target LDL and how do we get there?
          Milan Gupta
9:44 a.m. What is the right anti-thrombotic strategy?
          Milan Gupta
10:02 a.m. Panel discussion
          All session faculty
10:25 a.m. Health break

10:50 a.m. Case: patient with HFREF and AF
          Alan Bell
10:55 a.m. Stroke prevention: where do edoxaban and warfarin fit it?
          Paul Dorian
11:15 a.m. How do I decide about AF ablation?
          Andrew Ha
11:35 a.m. Which new heart failure drugs do I need to learn about?
          Peter Liu
11:55 a.m. Panel discussion
          All session faculty
12:20 p.m. Lunch

1:10 p.m. Plenary lecture: Is inflammation the next holy grail?
          Paul Ridker
1:40 p.m. Case: patient with significant obesity and additional risk factors
          Simon Bacon
1:45 p.m. The role of exercise for weight loss
          David Jenkins
2:05 p.m. Clarifying the diet controversy
          Narendra Singh
2:25 p.m. How do I incorporate weight-loss drugs?
          All session faculty
2:45 p.m. Panel discussion
          All session faculty
3:10 p.m. Symposium end

Registration:
$75 early bird (until May 1, 2018)
$125 regular fee
CCRN member discount available.
(covers attendance at the full day program, meeting materials, all meals, and refreshments).

For General Practitioners, Specialists, Nurses, Nurse Practitioners, Pharmacists, and Other Allied Health Professionals

Registration on-line at:
www.ccrnmd.com