

MONROE COUNTY UNITED MINISTRIES
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BLOOMINGTON, IN 47404

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Please bring your food baskets to MCUM by December 3 at 4 pm.

Food Basket Guidelines & Shopping List

Double-bag your groceries

A food basket will need 5-6 double-bagged paper or cloth sacks. Please double-bag your paper sacks or they are likely to rip!

Identify your food basket bags

Mark your food basket bags distinctly from others by stapling a bright piece of wrapping paper or attaching a ribbon to each bag in your set.

Check off each item below as you add it to your basket

Staple the list to one of your sacks. We will remove the list before the baskets are distributed. Helpful hint: please distribute heavy cans evenly among all bags in your set so that bags are about the same weight.

Feeling generous?

You may add additional non-perishable items to your food baskets if you wish.

____1 (40 oz.) can beef stew
____4 (6 oz.) cans of tuna
____1 large box of cereal
____1 box of saltine crackers
____1 box of snack crackers
____1 jar of jelly
____10 cans of soup (2 cans of 5 kinds)
____1 can chicken broth
____1 large box of bread mix
____1 medium box of pancake mix
____1 jar of peanut butter
____1 package dry egg noodles
____1 (26 oz.) jar pasta sauce
____ 1 bag of rice
____1 box of stuffing or potatoes
____2 boxes of macaroni & cheese
____salad dressing
____1 box of gravy mix
____1 box of cooking oil
____2 quarts (64 oz.) of fruit juice
____9 cans of vegetables
____9 cans of fruit

____1 bag of dry beans
____2 cans of pumpkin
____1 bottle of syrup
____ 1 package of granola bars
____1 (5 lb.) bag of flour
____1 (5 lb.) bag of sugar
____1 bar of soap
____1 package of Laundry soap /or dish soap
____ 2 rolls of toilet paper
____ 1 container of shampoo
____ coffee/tea/cocoa
____2 dessert items
____additional dessert items

Optional*:

____1 (10-12 lb.) turkey
____1 (5 lb.) ham

*Please bag the turkey or ham separately. MCUM will keep them frozen until the baskets are handed out.