

Ongoing Classes and Groups



First Monday Poetry Sharing

Join us in this ongoing monthly group for poetry lovers! Bring a poem to share that you enjoy. Next meeting is Monday, November 6 at 10:00 a.m. in the Library at church. All are welcome. Contact Bob Taylor for info, bstaylor1@comcast.net.



Shambhala Meditation Every Monday at Noon

Join us at 12 noon every Monday in the Library for an hour of Shambhala Meditation, walking meditation, and Shamatha yoga with Sarah Flint. Beginners welcome in this 2500-year-old tradition.

sflint.ktv@gmail.com



Open Mind Zen Bloomington Mondays at 7:00 p.m.

Join Frank Seisho Diaz for meditation, talks, and discussions on Zen Buddhism, Mondays 7:00-8:30 p.m., in Room 110 here at the church. All are welcome. Newcomers, please come at 6:45 p.m. the first time you attend. This is a part of our Adult Religious Education programming. More info: openmindzenbloomington@gmail.com



Traditional Taiji on Tuesdays and Saturdays

Brian Flaherty leads "Wu (Hao)" style Taiji in Fellowship Hall on Tuesdays at 5:30 p.m. and Saturdays at 8:00 a.m. Anyone is welcome, even those with no experience. Please wear loose-fitting clothing.

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