



## Dying: To Know Sunday, Oct 28

Information Fair in  
Fellowship Hall  
12:15-1 pm; 2-2:30 pm

- \* IU Health Hospice and SouthernCare Hospice will be available
- \* Compassion and Choices - advocates for expanding options at the end of life.
- \* Diana Ensign will sign copies of her book, HEART GUIDE: True Stories of Grief and Healing.
- \* Reverend Emily Manvel Leite will have resources for children on death, grieving and illness.

### Workshops and Presentations, 1-2 pm

#### A Personal Journey with Dr. Rob Stone

Location: Sanctuary/Meeting Room

Before becoming the Associate Director of IU Health Bloomington Hospice and the Medical Director of its Palliative Care program, Rob Stone worked in Emergency Medicine for 28 years. In this presentation, he talks about his personal and professional journey from the emergency department to end of life care.

#### Healing Grief & Loss: A Community Education and Book Signing Event with Diana Ensign

Library, 2nd floor

Join Diana Ensign for compassionate stories and heartfelt wisdom for handling grief. Her new book, HEART GUIDE: True Stories of Grief and Healing, is a 2018 Independent Publisher Book Award (IPPY) Gold Medal Winner. Diana Ensign, JD, is an author and speaker focusing on issues of spirituality, grief and loss, and personal empowerment. Her popular blog, Spirituality for Daily Living, features monthly posts for spiritual seekers. [www.dianaensign.com](http://www.dianaensign.com)

#### How to Dispose of the Body...Yours! with Kel McBride

Room 110

We've all heard about burial and cremation but did you know there are many more options available? Join us to learn the ABCD's of body disposition. The basics of aquamation, body donation, green burial, creative cremains, future options, and answers to your questions will help you make an informed decision about your own body. Kel McBride, MLS, CEOLS, also known as the Lively Death Lady is a death and dying educator for younger, healthy people.

#### Things I've learned from Tibetan Buddhism about Death and Living with Tracy Zollinger Turner Room 112

Join Tracy Zollinger Turner for a relaxed discussion about Tibetan Buddhist teachings on death and impermanence, including the Tibetan Book of the Dead. She will also invite those who attend to participate in aspects of the heart-opening meditation practice of Lojong, which cultivates the acceptance of death and change in order to make the most of this precious human life. Tracy has actively participated in dharma teachings and meditation practice as a member of a Tibetan Buddhist sangha in the Karma Kagyu lineage in her hometown of Columbus, Ohio, since 2004. New in Bloomington (here since 2016), Tracy is a freelance writer and editor, and she co-chairs the UUCB's End of Life Task Force.



#### Movie Screening "Coco,"

2:30-4 pm

with Young Religious Unitarian  
Universalists, Meeting Room (sanctuary)

Our congregation's youth group, YRUU, invites you to join them for Pixar's animated coming of age tale from 2017, set in the landscape and traditions of Mexico's El Día de los Muertos.

No childcare provided for these events.