## Some of the foods that remind me of home:

## Nonperishables:

- Brown rice
- Dried fruits
- · Loose black tea
- Olive oil, canola oil in liquid or spray forms
- All-purpose wheat flour
- Sugar
- Cleaning materials (Toilet paper, personal hygiene items, washing up liquids for dishes, laundry soap)

## **Perishables**

If you'd like to donate perishable items such as halal \*beef, halal\* lamb, fresh or frozen chicken, or fresh fruits and vegetables contact: Mary Blizzard maryblizzard6@gmail.com

\*Halal: Any object or an action which is permissible to use or engage in, according to Islamic law.

Thank you for making me feel at home!

(THE UU HUNGER TASK FORCE)