



COMMUNITY PARTNER UPDATE

CHECK OUT WHAT ONE·N·TEN
HAS GOING ON THIS MONTH

July Program Calendars

Satellite Announcements

Show Low Satellite

Youth Center Hours

Spark Schools

LGBTQIA+ Group
Counseling

CareerQUEER

Camp OUTdoors
Amazon Wish List

LGBTQIA+ Book Club

Volunteer Opportunities



Community Resources

Crisis Lines

Contact Us

JULY

14

International
Nonbinary
People's Day



JULY PROGRAM CALENDAR



YOUTH CENTER CALENDAR

Youth Center

Monday-Friday | Open: 3:00 PM

Program: 5:00 - 6:30 PM | Ages 14-24 | Unless otherwise noted

Text @yconenten to 81010 for address and program updates



1n10



onentenphx



1n10.org



onenten.org



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 Spirit Week Kick-Off!	4 CLOSED	5 Board Game and Workforce Q&A Night!	6 4:00 - 6:00 PM 2Gether N Color & The Zone: "Flamin' Hot" - Movie Night	7 SexFYI: Aromanticism & Asexuality Ages 18-24	8
10 Board-Game Tournament!	11 Let's Celebrate!	12 Theatre Day: Viewpoints	13 TGNC: Peeps on Parade Peep Dioramas	14 CLOSED	15
17 Picnic without the Ants!	18 Plant Your Own Strawberries!	19 Among US IRL	20 4:00 - 5:00 PM 2Gether N Color: World Jump Day 5:00 - 6:30 PM The Zone: Dinner & Movie	21 D&D Youth Led	22 12:00 - 2:00 PM Big Brothers Big Sisters
24 Baking with Anna	25 World Culinary Dining	26 3:30 - 6:30 PM Speed Buddies	27 TGNC: "Masc" in Film	28 Wellness Collaborative Meeting	29
31 Let's Communicate!					

one.n.ten programs are open to LGBTQ+ youth and their allies 11-24 years old in Arizona!

To join our programs:

CLICK HERE



To view our calendar on our website:

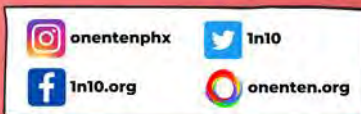
CLICK HERE



East Valley Satellite Program Calendar



EAST VALLEY SATELLITE PROGRAMS



Satellite programs are for youth ages 14-24 unless otherwise noted. Youth ages 11-13 may attend some satellites with parent permission. Contact Sandra@onenten.org for more info

Mesa

Mondays
7:00 - 8:30 pm

Queen Creek

Tuesdays
7:00 - 8:30 pm

Chandler

Tuesdays
6:30 - 8:00 pm

Tempe

Tuesdays
6:00 - 7:30 pm

Scottsdale

Wednesdays
6:30-8:00 pm

Gilbert

Thursdays
6:00 - 7:30 pm

MESA

For updates, text
@msonenten to
81010

• July 3 •	• July 10 •	• July 17 •	• July 24 •	• July 31 •
Movie Night: Dungeons & Dragons	Basics of a Healthy Diet	Bollywood Dance	Karaoke Night	Haiku Night

QUEEN CREEK

For updates, text
@qconenten to
81010

• July 4 •	• July 11 •	• July 18 •	• July 25 •
CLOSED	Identity Bracelets	Movie Night	Consent/ Boundaries with Friends

CHANDLER

For updates, text
@chonenten to
81010

• July 4 •	• July 11 •	• July 18 •	• July 25 •
CLOSED	Movie Night Part 1	Movie Night Part 2	Wanderhome Cozy RPG Night

TEMPE

For updates, text
@teonenten to
81010

• July 4 •	• July 11 •	• July 18 •	• July 25 •
CLOSED	Tie Dye Shirts	Healthy Relationships	Movie Night

The Tempe Satellite is for young adults ages 18-24

SCOTTSDALE

For updates, text
@sdonenten to
81010

• July 5 •	• July 12 •	• July 19 •	• July 26 •
Fun facts & Perler Beads	CLOSED	I Have a Vision	Words with Paint

GILBERT

For updates, text
@gbonenten to
81010

• July 6 •	• July 13 •	• July 20 •	• July 27 •
Pink, White, & Blue Party	CLOSED	Jackbox Games	Show & Tell

one.n.ten programs are open to LGBTQ+ youth and their allies 11-24 years old in Arizona!

To join our programs:

[CLICK HERE](#)



To view our calendar on
our website:

[CLICK HERE](#)



West Valley Satellite Program Calendar



WEST VALLEY SATELLITE PROGRAMS



Satellite programs are for youth ages 14-24 unless otherwise noted. Youth ages 11-13 may attend some satellites with parent permission. Contact Sandra@onenten.org for more info

Litchfield Park

Mondays
7:00 - 8:30 pm

Surprise

Mondays
6:00 - 7:30 pm

Yuma

Tuesdays
5:00 - 6:30 pm

Glendale

Wednesdays
6:00 - 7:30 pm

Peoria

Tuesdays
6:00 - 7:30 pm

LITCHFIELD PARK

For updates, text
@lponenten to
81010

• July 3 •	• July 10 •	• July 17 •	• July 24 •	• July 31 •
DIY Beaded Keychains	Show and Tell	Resume Building	Affirmation Pride Flag	Game Night

SURPRISE

For updates, text
@sronenten to
81010

• July 3 •	• July 10 •	• July 17 •	• July 24 •	• July 31 •
Guess the Music Artist	Tabletop RPG Night	Tie Dye	Talent Show Day	Jackbox Game Night

PEORIA

For updates, text
@peonenten to
81010

• July 4 •	• July 11 •	• July 18 •	• July 25 •
 CLOSED	Rainbow Cookie Houses	Tie Dye	Sun Catchers

GLENDALE

For updates, text
@gdonenten to
81010

• July 5 •	• July 12 •	• July 19 •	• July 26 •
LGBTQ+ Representation in Film Part 2	Identity Bracelets	Movie Night	Jackbox Games

YUMA

For updates, text
@yuonenten to
81010

• July 4 •	• July 11 •	• July 18 •	• July 25 •
 CLOSED	Escape Room: Leonardo Da Vinci	Pride Through Poetry	Cookie Decorating

one.n.ten programs are open to LGBTQ+ youth and their allies 11-24 years old in Arizona!

To join our programs:

[CLICK HERE](#)



To view our calendar on our website:

[CLICK HERE](#)



North Satellite Program Calendar



NORTHERN SATELLITE PROGRAMS



Satellite programs are for youth ages 14-24 unless otherwise noted. Youth ages 11-13 may attend some satellites with parent permission. Contact Sandra@onenten.org for more info

Flagstaff	Anthem	Cottonwood	Prescott
2nd & 4th Tuesdays 6:00 - 7:30 pm	Wednesdays 5:00 - 6:30 pm	Wednesdays 5:00 - 6:60 pm	Thursdays 4:30-6:00 pm

FLAGSTAFF

For updates, text
@fsonenten to
81010

• July 10 •	• July 24 •
Blackout Poetry	Water Bottle Decorating

ANTHEM

For updates, text
@anonenten
to 81010

• July 5 •	• July 12 •	• July 19 •	• July 26 •
Sensation and Stress Balls	CLOSED	Floor Time: Disability Pride Month	Game Night 5: When Games Happen

COTTONWOOD

For updates, text
@cwonennten to
81010

• July 5 •	• July 12 •	• July 19 •	• July 26 •
What's your zodiac sign?	Identity Bracelets	CLOSED	Healthy Relationships Part 1

PRESCOTT

For updates, text
@psonenten
to 81010

• July 6 •	• July 13 •	• July 20 •	• July 27 •
Eating the Rainbow	Tie Dye	Giving Back	She Ra Night

The Prescott Satellite is for youth 12-18

one.n.ten programs are open to LGBTQ+ youth
and their allies 11-24 years old in Arizona!

To join our programs:

[CLICK HERE](#)

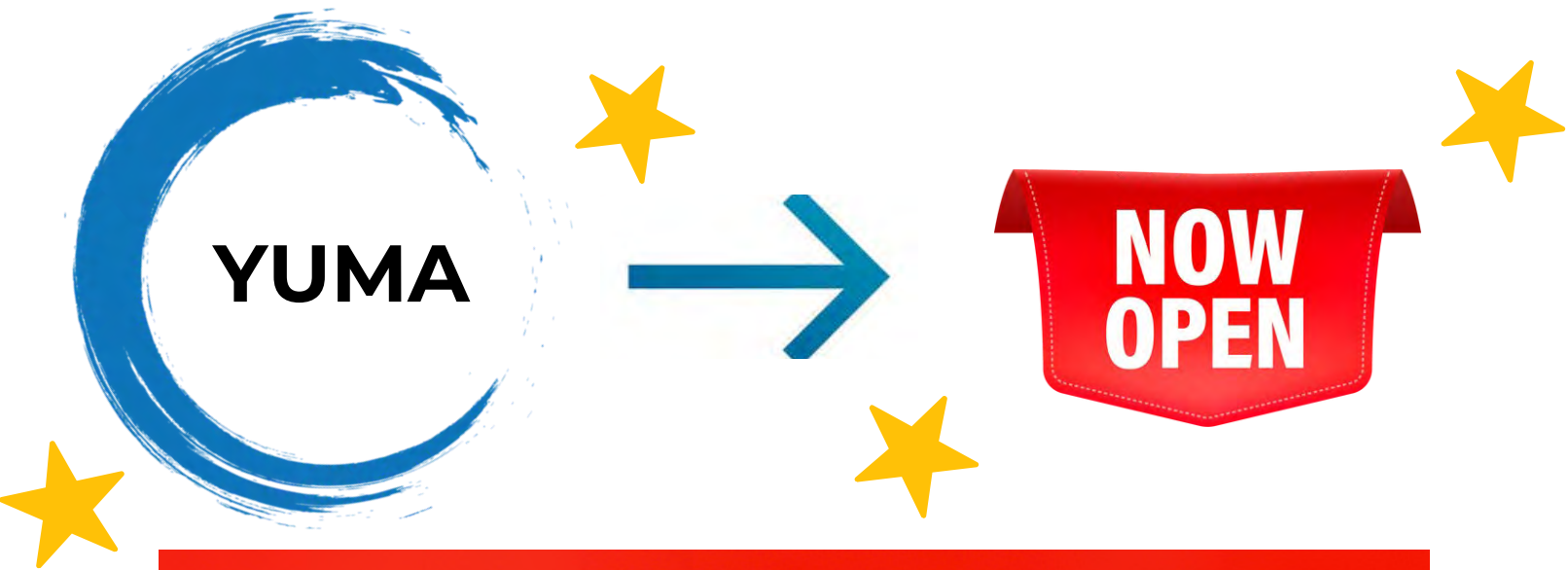


To view our calendar on
our website:

[CLICK HERE](#)



SATELLITE PROGRAM ANNOUNCEMENTS



one·n·ten has 13 satellite sites that are open for youth and young adults ages 11-24 years old. Litchfield Park, Anthem, Mesa, Glendale, Queen Creek, Flagstaff, Scottsdale, Chandler, Gilbert, Surprise, Prescott, Peoria, Tempe, Cottonwood and Yuma!

COVID-19 vaccinations are not required to attend in-person programming and masks are optional.

For information on upcoming programs at the Satellite sites and to join us for digital programs or programs at the Youth Center, please check out the one·n·ten Program Calendar.

ONE·N·TEN IS OPENING A SHOW LOW SATELLITE SITE!

A safe space for youth and
young adults ages 11-24



NEEDS:

- Satellite Coordinator
 - Facilitate weekly program activities
- Satellite Volunteer
 - Support coordinator and interact with youth
- Satellite Site
 - A space that can host us weekly



one·n·ten

WANT TO GET INVOLVED?

Email Sandra@onenten.org



YOUTH CENTER HOURS



**one·n·ten Youth Center is open for youth programming
Monday-Friday from 3-7 pm.**

**The 1st Friday of the month is 18-24 year old night (5-7
pm)**

**The 1st and 3rd Thursday is Together in Color (4-5 pm)
and The Zone (5-6:30 pm)**

**The 2nd and 4th Thursday is Transgender and Gender
Nonconforming Group (5:30-7 pm)**

Every other Saturday is Big Brothers Big Sisters (12-2 pm)



QBLC OPEN TO 6TH-8TH GRADE STUDENTS IN AUGUST

One-n-ten and Spark Community Schools proudly announce the Queer Blended Learning Center will open to 6th-8th graders in August 2023.

We will create a safe, educational space at one-n-ten where students will be honored and valued. Through a mixture of technology, teacher magic, and community building, students will excel personally and academically.

Please join us during the virtual parent group on Tuesday, May 16, at 5 p.m., to learn more.



All are welcome.

**The Queer Blended Learning Center
powered by**



Just Be You!

LGBTQIA+ focused Group Counseling

Starting June 2023!

Mondays, 5-6:30 pm
Downtown Youth Center
QBLC

Topics will include:

- Building Self-Esteem
- Navigation Emotions
- Self-Acceptance
- Grief & Loss
- Healthy Relationships



REGISTER NOW



Presented by:



SOUTHWEST
CENTER™



one.n.ten



VIRTUAL

CareerQUEER

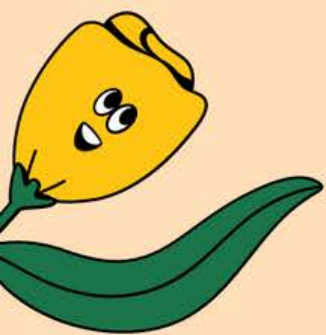
**READY TO LEARN
SKILLS FOR
JOB SUCCESS?**

**MAXIMUM OF 12
PARTICIPANTS!
REGISTER TODAY TO
RESERVE YOUR SPOT!**

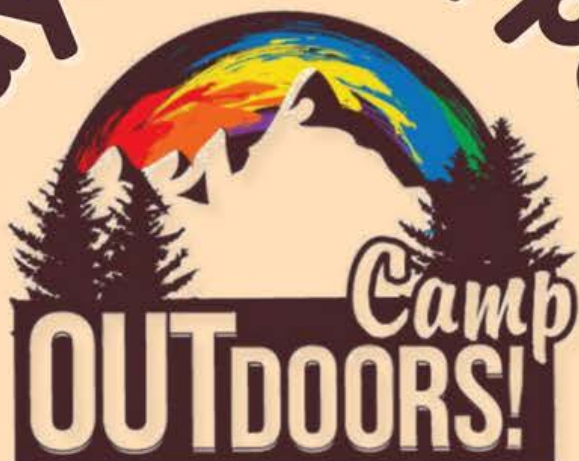
**ALL PARTICIPANTS
WHO COMPLETE THE
COURSE WILL
RECEIVE A
\$100 GIFT CARD!**



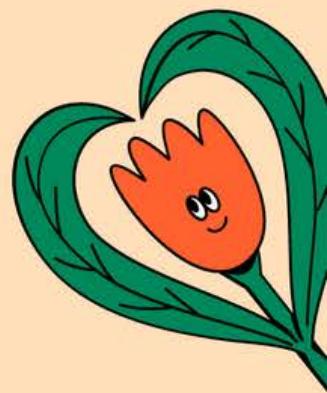
**DEADLINE TO REGISTER
JULY 19, 2023**



Ways to support

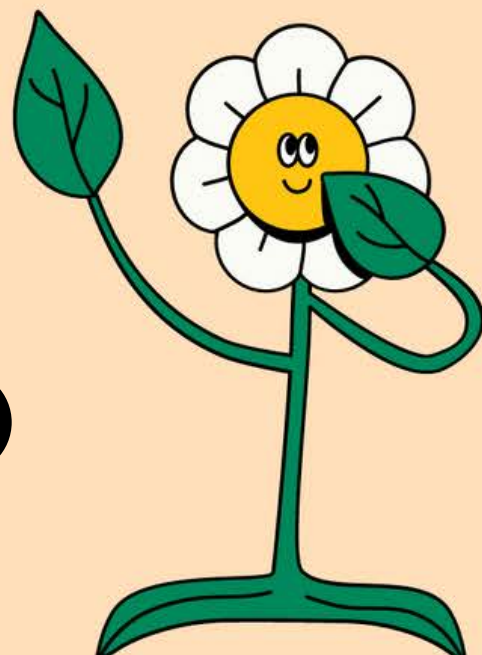


Out of the Closet, Into the Woods!



Share Our Wish List

Pride flags, med supplies, fidgets, cold treats, and more; it takes a whole lot of supplies to make Camp OUTdoors magical and ensure the wellbeing of our camp community.



CLICK HERE

LGBT+ Book Club



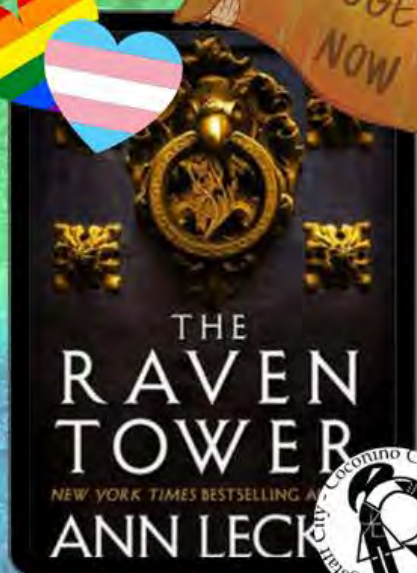
2023

**EVERY OTHER MONTH,
2ND MONDAY AT 6:30 PM**

July 10th at 6:30 PM

**THE RAVEN TOWER
BY ANN LECKIE**

The kingdom of Iraden has been protected by the god known as the Raven. He watches over his territory from atop a tower in the powerful port of Uastai. And under the Raven's watch, the city flourishes. But the Raven's tower holds a secret. Its foundations conceal a dark history that has been waiting to reveal itself...



Most books are available by library check-out, digital e-book, digital audiobook, AND book club lending.

Looking for a copy?

Call 928-213-2348 to request it to be set aside OR ask for a copy at the desk.

To request a reasonable accommodation for any type of disability, please call **928-213-2331**. Three days prior notice is requested.
East Flagstaff Community Library - 3000 N. Fourth Street Suite 5
Flagstaff, AZ 86004 - 928-213-2348 - flagstaffpubliclibrary.org

VOLUNTEER OPPORTUNITIES



Our organization has an active volunteer program to support our mission of serving and assisting lesbian, gay, bisexual, transgender, and questioning (LGBTQ) youth. All members of our active volunteer program must be 25 or older. Former one-on-ten youth must be 26 or older to participate. Anyone interested in our active volunteer program is required to sign up and attend a volunteer information session. Volunteers must be able to commit to at least 4 hours a month (once a week for an hour) for a year.



COMMUNITY RESOURCES



Big Brothers Big Sisters of Central Arizona

Meet with your mentor once a month in person to hang out, play games, and talk about important life issues. This is a LGBTQ+ mentorship program where Littles get paired with a mentor who identifies as LGBTQ+. If you're interested in enrolling your child as a Little, please email Eva Siler at Esiler@bbbsaz.org

Virtual PFLAG Phoenix Connects Support Meetings

PFLAG (Parents, Families, and Friends of Lesbians and Gays) is holding virtual support meetings for parents, families, and friends of LGBTQ+ youth. Please visit the website for specific dates:

www.pflagphoenix.org. Send your RSVP to pflagconnectsphx@gmail.com





CRISIS LINES

Trans Lifeline: Trans-led crisis line for trans individuals.
Call: 877-565-8860
Website: www.translifeline.org

Trevor Project: 24/7 national crisis intervention and suicide prevention lifeline for LGBTQ youth under 25.

Call: 1-866-488-7386

Text: Text START to 678-678

Chat: www.thetrevorproject.org/get-help-now

Website: www.thetrevorproject.org

National Suicide Prevention Lifeline
Call: 1-800-273-8255
Chat: www.suicidepreventionlifeline.org/chat
Website: www.suicidepreventionlifeline.org

Teen Lifeline
Call: 602-248-8336
(Maricopa County) /
800-248-8336
(Statewide)
Website: www.teenlifeline.org

Crisis Response Network
Central Arizona Local: 602-222-9444
/ 602-222-9444 (TTY)
Central Arizona Toll-Free: 1-800-631-1314 / 1-800-327-9254 (TTY)
Central Arizona Warm Line (Peer Support): 602-347-1100
Northern Arizona: 1-877-756-4090
Website: www.crisisnetwork.org



Please email Elliot
(left), Satellite
Program Assistant
Manager,
atelliot@onenten.org
or Sandra (right),
Satellite Program
Manager at
sandra@onenten.org

CONTACT US!

Questions about
one·n·ten's
programs &
services?

Want to
invite one·n·ten to
your school,
organization,
and/or group?

Want to get on
this email list?

