You are Thinking about the Community, Who is Thinking about Your Family?

The Fire Department Safety Officers Association (FDSOA) has put together some suggestions to share with your family members to keep them safe in the event they do need to leave the house.

- When you get home, take off your shoes. Wipe down your keys, phone and glasses.
- Wipe down your steering wheel and frequently touched areas in your car.
- If you are worried about packages, leave them in your trunk for a few days. If you order something to be delivered, let it sit in the hallway for a few days before opening it.
- It is not necessary to wipe down every can and bottle that comes in the house. BUT, it is more effective to wash your hands frequently and avoid touching your face.
- If/when you take off your mask, make sure you keep the side that touches your face folded in.
- Take a break from social medial and the news. Limit yourself to one news program a day.

The steps we have taken as a country, by staying home, have significantly lessened the damage this virus could have done. Follow the guidance and recommendations from your county and state public health officers, and make sure your family is too.

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The Fire Department Safety Officers Association (FDSOA) was established in 1989 as a non-profit association, incorporated in Massachusetts. In 2013, the offices moved to Michigan. Its mission is to promote safety standards and practices in the fire, rescue and emergency services community. The association is led by a volunteer board of
directors and has a small staff to handle the day-to-day operations. The association is dedicated to the issues that affect the critical role of the safety officer in protecting and promoting the safety and health responsibilities of fire departments, communities and first responders. FDSOA works to help fire departments achieve proficiency and promote the recognition of training, skills and a secure future. In May 2016, FDSOA won the Paul S. Sarbanes Fire Service Safety Leadership Award for its work over 28 years, “as an organization fully dedicated to the health and safety of the nation’s firefighters.”

FDSOA can be found on the web at www.fdsoa.org. Please follow FDSOA on Facebook, Twitter, and Instagram.