

LITTLE KNIGHTS E-LEARNING - ZOOM BROADCAST Weekly Schedule

Start Date	Mon, 3/30/20	Start Time	1/8/1900 8:00	Interval	15	
Time	Monday, 30	Tuesday, 31	Wednesday, 1	Thursday, 2	Friday, 3	
8:00 AM	★ YOGA w/ Amanda	★ BOXING w/ Dave	★ BOOTCAMP w/ Beka	★ BARRE w/ Camryn	★ BOOTCAMP w/ Beka	
8:15 AM	 	 	 	 	 	
8:30 AM	 	 	 	 	 	
8:45 AM	O					
9:00 AM	O					
9:15 AM	O					
9:30 AM	O					
9:45 AM	O		P DISCOVERY (18-36Mo)		P DISCOVERY (18-36Mo)	
10:00 AM	O		P		P	
10:15 AM	O					
10:30 AM	O					
10:45 AM	O					
11:00 AM	O	 	P ITTY BITTY (12-18 Mo)	P INCY WINCY (6-12 Mo)		
11:15 AM			P	P	 	
11:30 AM		P		P	 	
11:45 AM						
12:00 PM	O					
12:15 PM	O					
12:30 PM	O					
12:45 PM	O	 	 	 	 	
1:00 PM	✓	 	✓	 	✓	 
1:15 PM	✓	KIDS YOGA w/ Alex	✓	KIDS YOGA w/ Alex	✓	KIDS YOGA w/ Alex
1:30 PM	✓		✓		✓	
1:45 PM	✓		✓		✓	
2:00 PM	O					
2:15 PM	O					
2:30 PM	O					
2:45 PM	O					
3:00 PM	O					
3:15 PM	O					
3:30 PM	O					
3:45 PM	O	 	 	 	 	 
4:00 PM	✗	SIGN LANGUAGE w/ Brooke	✗	SIGN LANGUAGE w/ Brooke	✗	SIGN LANGUAGE w/ Brooke
4:15 PM	✗		✗	SIGN LANGUAGE w/ Brooke	✗	SIGN LANGUAGE w/ Brooke
4:30 PM	✗		✗		✗	
4:45 PM	✗		✗		✗	



LEGEND

★	PARENTS FITNESS FUN
□	PARENT + ME DRAGON PGM
■	SPANISH
✓	KIDS YOGA
✗	SIGN LANGUAGE
O	BREAKS NO BROADCAST



FITNESS FOR PARENTS

8A-8:40AM **Mondays** - YOGA w/ Amanda
 8A-8:40AM **Tuesdays** - BOXING w/ Dave
 8A-8:40AM **Wednesdays** - BOOT CAMP w/ Beka
 8A-8:40AM **Thursdays** - BARRE w/ Camryn (without the barre:))
 8A-8:40AM **Fridays** - BOOT CAMP -repeat- w/ Beka

MORNINGS PARENT AND ME CLASSES

9:30a-10:05am **Tue & Thu Discovery Dragons** (18-36 Months) w/ Ms Peggy
 11a-11:35am **Tuesdays Itty Bitty** (12-18 Months) w/ Ms Peggy
 11a-11:35am **Wednesdays Incy Wincy** (6-12 Months) w/ Ms Peggy
 11:15a-12pm **MON, TUE, THU, FRI Spanish** w/ Mr Peter (all ages, mixed kids from Camelot Kids and Little Knights)

AFTERNOONS PARENT AND ME CLASSES

1p-1:40pm **Mondays to Fridays Kids Yoga** with Ms.Alex (all ages, mixed kids from Camelot Kids and Little Knights)
 4p-4:40p **Mondays to Fridays Sign Language** w/ Brooke (all ages, mixed kids from Camelot Kids and Little Knights)