

# San Luis Obispo County 2021 Directory of Family Resource Centers

Learn more at [www.sloparents.org/slo-frc-directory](http://www.sloparents.org/slo-frc-directory)

Family Resource Center	Address/Phone/Email	Population/Services
<b>SLO County Help Me Grow</b> www.slohelpmegrow.org	1118 Palm St. San Luis Obispo, CA 93401 (805) 474-1878	Families with children 0-5 in SLO County. Support for developmental screenings, 0-5 health navigation, identifying services, and child development information.
<b>The Link Family Resource Center</b> Atascadero FRC	4507 Del Rio Ave., Bldg. 1 Atascadero, CA 93422 (805) 794-0217	<i>Basic needs and preventive services:</i> Countywide families with children 0 – 18. Bilingual support, parenting classes, homeless services
Paso Robles FRC (also serves Shandon and San Miguel) www.linkslo.org	1802 Chestnut St. Paso Robles, CA 93447 (805) 794-0217	<i>Intensive services:</i> North County families, including San Miguel, Shandon, Creston and Santa Margarita.
<b>San Luis Coastal USD</b> SLO Family Resource Center (Serves SLO & Avila)	CL Smith Elementary (By appointment only) (805) 458-5499	<i>Basic needs and preventive services:</i> Families with school-age children, bilingual services, parenting classes, homeless services
Coastal Family Resource Center (Serves Los Osos and Morro Bay)	Los Osos Middle School (By appointment only) (805) 235-6610	<i>Intensive services:</i> San Luis Coastal Unified School District students
<b>South County SAFE</b> Arroyo Grande Family Resource Center	1086 Grand Ave. Arroyo Grande, CA 93420 (805) 474-2105	<i>Basic needs and preventive services:</i> Families with children ages 0-18, bilingual services, parenting classes, homeless services
Nipomo Family Resource Center	920 W. Tefft St. Nipomo, CA 93444 (805) 474-3000 ex.5147	<i>Intensive services:</i> Children in the Lucia Mar Unified School District
Oceano Family Resource Center	1511 19th St. Oceano, CA 93445 (805) 474-3690	
<b>Parent Connection of SLO County</b> www.sloparents.org	SLO/South County (805) 709-2023 North County/Coast (805) 904-1411 Spanish North County/Coast (805) 712-5038 Spanish South County/SLO (805) 709-2023	Online listing for in-person and virtual parenting classes, support groups and workshops. Free, confidential, qualified Parent Coaching for parents and caregivers. Information Helpline provides countywide referrals and resources.
<b>Parents Helping Parents</b> SLO Resource Center/Library	1146 Farmhouse Lane San Luis Obispo, CA 93401 (805) 543-3277	Families of children with special needs.
Atascadero Resource Center/Library www.phpslo.org	7305 Morro Road Ste 104A Atascadero, CA 93422 (805) 461-7415	

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<b>Child Development Resource Center of the Central Coast</b> www.childrensresource.org	1720 Bishop Street San Luis Obispo, CA 93401 (805) 544-0801	Therapeutic preschool for children ages two to five, based on need and income. Medi-Cal and sliding scale mental health therapy services for children and their families.
<b>Community Action Partnership of SLO County</b> www.capslo.org	1030 Southwood Drive San Luis Obispo, CA 93401 (805) 544-4355	Programs to help individuals and families with employment, childcare and preschool, parent education, housing, and medical services, etc.
<b>Community Counseling Center</b> www.cccslo.org	676 Pismo Street San Luis Obispo, CA 93401 (By appointment only) (805) 543-7969  1035 Vine St. Ste. A Paso Robles, CA 93446 (By appointment only) (805) 543-7969	Sliding scale counseling services for children and adults
<b>Lumina Alliance</b> (Formerly RISE & Stand Strong) www.luminaalliance.org	51 Zaca Lane Suite 150 San Luis Obispo, CA 93401  1030 Vine Street Paso Robles, CA 93446 (805) 545-8888	Support and resources for survivors of sexual and intimate partner violence through 24-Hour Crisis Line, emergency shelter, transitional housing, counseling services, legal services, Latinx services, children's services, education, prevention.
<b>North Fork Rancheria of Mono Indians of California</b> www.northforkrancheria-nsn.gov/departments/tanf	7695 El Camino Real Atascadero, CA 93422 (By appointment only) (805) 464-2255	Serving all Federally Recognized Native American Citizens, California Judgment Rolls in SLO County. Assistance with childcare, transportation, and basic needs.
<b>Pregnancy &amp; Parenting Support of SLO County</b> www.ppsslo.org	3480 South Higuera, Ste. 100 San Luis Obispo, CA 93401 (Appointment preferred) (805) 541-3367	Pregnant and parenting mothers and fathers until child is age two. Mental health support for pregnant and postpartum women.
<b>Seneca Family of Agencies</b> www.senecafoa.org	6850 Morro Road Atascadero, CA 93422 (805) 434-2449	Foster and adoptive families, relative caregivers (e.g. grandparents). Services include mental health, support groups, parent education, and adoptions.
<b>The Cambria Connection</b> www.thecambriaconnection.org	1069 Main St. Cambria, CA 93428 (805) 927-1654	Referrals for countywide families, adults, and teens with substance abuse issues. Immediate services for Cambria and San Simeon residents.
<b>Transitions-Mental Health Association</b> www.t-mha.org/family-support.php	784 High Street San Luis Obispo, CA 93401 (805) 540-6571	Individuals with mental health issues and their families and caregivers