



Parent Coaching Services

Parent Coaching Services are offered at no cost to all families living in San Luis Obispo County.

Our qualified Coaches help parents' sort through conflicting advice and help minimize information overload. Coaches guide parents to explore time-honored strategies and find the clarity that fits unique parenting journeys.

**Contact Gwendolyn Garcia, Program Coordinator at 805-543-3700
for information on classes and parent coaching services.**

To choose the Parent Coach that best fits your need use the below information:

