

October 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Wk 4					1 Blueberry PopTart Graham Crackers Orange Juice Pear Cup Milk
Wk 1	4 Trix Cereal Blueberry Nutrigrain Bar Orange Juice Applesauce Cup Milk	5 Chocolate Chip Muffin Graham Crackers Apple Juice (2) Milk	6 Wild Berry Bread Apple Milk	7 Cocoa Puffs Cereal Oatmeal Choc. Chip Bar Orange Juice Cranberries Milk	8 Strawberry PopTart Graham Crackers Apple Juice Pear Cup Milk
Wk 2	11 Cinn. Toast Crunch Cereal Apple Cinn. Nutrigrain Bar Apple Juice Applesauce Cup Milk	12 Blueberry Muffin Strawberry Oatmeal Bar Orange Juice (2) Milk	13 Apple Cherry Bar Apple Milk	14 Fruit Loops Cereal Apple Oatmeal Bar Apple Juice Cherry Craisins Milk	15 Blueberry PopTart Graham Crackers Orange Juice Pear Cup Milk
Wk 3	18 Trix Cereal Blueberry Nutrigrain Bar Apple Juice Applesauce Cup Milk	19 Chocolate Chip Muffin Graham Crackers Apple Juice (2) Milk	20 Wild Berry Bread Apple Milk	21 Cocoa Puffs Cereal Oatmeal Choc. Chip Bar Orange Juice Cranberries Milk	22 Strawberry PopTart Graham Crackers Apple Juice Pear Cup Milk
Wk 4	25 Cinn. Toast Crunch Cereal Apple Cinn. Nutrigrain Bar Apple Juice Applesauce Cup Milk	26 Blueberry Muffin Strawberry Oatmeal Bar Orange Juice (2) Milk	27 Apple Cherry Bar Apple Milk	28 Fruit Loops Cereal Apple Oatmeal Bar Apple Juice Cherry Craisins Milk	29 Blueberry PopTart Graham Crackers Orange Juice Pear Cup Milk