

# UPCOMING EVENTS

**FEBRUARY 2026**

## TECH SUPPORT & TECH TUTORING

WEDNESDAY, FEB 4 • 2PM-6PM

 On Google Meet

## MENTAL WELLNESS WORKSHOP

RELATIONSHIPS AFTER SERVICE

FRIDAY, FEB 6 • 6PM ON ZOOM

## HEALTH AND WELLNESS WORKSHOP

HOW CAN I IMPROVE MY MENTAL HEALTH?

SATURDAY, FEB 7 • 11AM ON ZOOM

## TECH SUPPORT & TECH TUTORING

TUESDAY, FEB 10 • 1PM-5PM

 On Google Meet

## COMPUTER SKILLS WORKSHOP

MASTERING EMAIL BASICS

TUESDAY, FEB 10 • 6PM ON ZOOM



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# UPCOMING EVENTS

**FEBRUARY 2026**

## FINANCIAL WORKSHOP

SPOTTING SIGNS OF SENIOR FINANCIAL  
EXPLOITATION

THURSDAY, FEB 12 • 6PM ON ZOOM

## MENTAL WELLNESS WORKSHOP

SELF COMPASSION AND HEALING  
FRIDAY, FEB 13 • 11AM ON ZOOM

## TECH SUPPORT & TECH TUTORING

WEDNESDAY, FEB 18 • 2PM-6PM

📍 On Google Meet

## HEALTH AND WELLNESS WORKSHOP

HOW CAN I IMPROVE MY MENTAL HEALTH?

SATURDAY, FEB 21 • 11AM ON ZOOM

## SUPPORT IN ACTION

SATURDAY, JAN 21 • 11:30AM-2:30PM

📍 Near Courthouse in Douglasville



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# UPCOMING EVENTS

**FEBRUARY 2026**

**COMPUTER SKILLS WORKSHOP**  
MASTERING AI BASICS  
TUESDAY, FEB 24 • 11AM ON ZOOM

**TECH SUPPORT & TECH TUTORING**  
TUESDAY, FEB 24 • 1PM - 5PM  
📍 On Google Meet

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