Veterans Upward Bound

Changing Lives Through Knowledge

November 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 METHODIZE TUTORING	3	4 **OPEN FOR TESTING** Education Resource Center 168 n Johnston st suite 103 from 10AM-3PM	5 **LIFE READINESS SERIES** Home and Future Protection: Family Share and Cyber Security *Virtual* at 6PM	6 **RESILIENT WARRIORS MENTAL WELLNESS WORKSHOP** Managing Stress, Anxiety, and Emotional Triggers *Virtual* at 6PM	7 **VETERANS DAY BREAKFAST** New Mountain Top Church at 8:30AM **VETERANS APPRECIATION DINNER** Lutheran Church of the Ascension at 6PM
8	9 **COLLEGE SUCCESS** Supercharge Your Student's Executive Function Skills *Virtual* at 10AM **SPIRIT NIGHT AT CHICK-FIL-A ON HWY 5 IN DOUGLASVILLE** 5PM-8PM Use Code VETSGIVE26 and order on the app	10 **COMPUTER SKILLS** AI Made Simple: How AI Can Help You Work Smarter and Live Easier *Virtual* at 7PM **SPIRIT NIGHT AT CHICK-FIL-A ON HWY 5 IN DOUGLASVILLE** 5PM-8PM Use Code VETSGIVE26 and order on the app	11 *Veterans Day*	12 **SPIRIT NIGHT AT CHICK-FIL-A ON HWY 5 IN DOUGLASVILLE** 5PM-8PM Use Code VETSGIVE26 and order on the app	13 **RESILIENT WARRIORS MENTAL WELLNESS WORKSHOP** Strengthening Family Connections After Service *Virtual* at 6PM	14 **OPEN FOR TESTING** Education Resource Center 168 n Johnston st suite 103 from 9AM-2PM
15	16 **LIFE READINESS SERIES** Home and Future Protection: Tackling Insurance Myths *Virtual* at 6PM	17 **OPEN FOR TESTING** Education Resource Center 168 n Johnston st suite 103 from 1PM-6PM	18 **FINANCIAL WORKSHOP** Save for Retirement *Virtual* at 6PM **OPEN FOR TESTING** Education Resource Center 168 n Johnston st suite 103 from 10AM-3PM	19 **OPEN FOR TESTING** Education Resource Center 168 n Johnston st suite 103 from 10AM-3PM	20 **RESILIENT WARRIORS MENTAL WELLNESS WORKSHOP** Coping with Grief, Loss, and Life Transitions *Virtual* at 6PM	21 **OPEN FOR TESTING** Education Resource Center 168 n Johnston st suite 103 from 9AM-2PM
22 **LF VUB COMMUNITY TRIP** Delaware Blue Coats VS College Park Skyhawks at Gateway Center Arena *Game Starts* at 2PM	23	24 **COMPUTER SKILLS** AI Mastery: Advanced Tools, Automation, and Smart Workflows *Virtual* at 7PM	25	26 **RESOURCE CENTER CLOSED** *Thanksgiving*	27	28
29	30					

Notes

Methodize Tutoring is available 24/7. Follow lessons at your own pace, login at: Methodize.methodlearning.com/login
Contact Priscilla at ppita@leanrnfoundationinc.org for assistance.

You must sign-up to attend all workshops. Contact Priscilla at ppita@learnfoundationinc.org to sign up or visit https://linktr.ee/lfvub

Sign up to volunteer, and join our gardening and online gaming clubs at https://linktr.ee/lfvub or contact Sierra at strinidad@learnfoundationinc.org.