



Companions in Christ,

In the Gospel of Matthew 25:35 Jesus says to the disciples:

“for I was hungry and you gave me food, I was thirsty and you gave me something to drink. I was a stranger and you welcomed me in.” The disciple’s response: Lord when did we see you hungry and gave you food, or thirsty and gave you something to drink. In verse 40 Jesus replied; Truly I tell you just as you did it to one of the least of these who are members of my family, you did it to me.”

Many university and college students across the U.S. report lacking access to a reliable supply of nutritious food, a concept known as food insecurity, which can affect their ability to learn, according to research presented at the annual convention of the American Psychological Association.

Christ Church Cathedral is inviting you to join in a Lenten Discipline of loving and caring for our neighbors.

Let us support our college students. Recent statistics are concerning. 40% of college students suffer from food insecurity. Many of the students are beneficiaries of SNAP Vouchers (formerly called Food Stamps), which do not allow for the purchase of personal hygiene products.

Therefore, we invite your faith community and it’s members to **collect one personal care hygiene product for each week of Lent to benefit Capital Community College (CCC) Food Pantry.**

The items in the greatest need at Capital Community Food Pantry are:

- Soap
- Deodorant
- Feminine hygiene products
- Shampoo
- Conditioner

These items can be delivered to our Cathedral from Wednesday, April 12th to Friday, April 14th from 9:00 a.m. to 12:00 pm or Sunday April 16th from 12:pm to 1:00pm. **Imagine what we as the North Central Region of ECCT can collectively accomplish for the students.**

For more information contact Cathedral Deacon Bonnie Matthews at bmatthews228@comcast.net.

Faithfully,

Deacon Bonnie