

## **Isaiah 58: 5-12 passim**

***Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? ....then your light shall break forth like the dawn....you shall be called the repairer of the breach"***

## **HOW SHALL YOU HOLD LENT THIS YEAR?**

The Deacon's Council invites you to explore with your Parish, Ministry Network, or Region a way for you to proclaim the Good News of Jesus Christ and be about the ministry of repairing the breach so that the light shall break forth like the dawn.

As we live into the realities of rising prices for housing, energy, and food coupled with COVID benefits running out, the Deacons of ECCT invite you individually or with one of your communities to think prayerfully about committing to a specific ministry of justice.

### **Perhaps you are being called to:**

- 1. Sponsor a Diaper Drive as a contribution to the CT Diaper Bank**
- 2. Collect personal hygiene items to distribute to a local shelter**
- 3. Collect non-perishable food items to distribute to your local food pantry**
- 4. Participate in or contribute to Laundry Love**
- 5. Contribute to your parish's discretionary fund (funds that are used to benefit those who are struggling and in financial need)**

We encourage you to choose a ministry and commit to it throughout the season of Lent. We also invite you to tell the stories of the service you commit to in Lent during the Easter Season in your parishes and regions. We are happy to share more ideas with you. If you would like to hear some other ideas or make a connection to some local organizations, please contact Bishop Laura who can put you in touch with a deacon in your Region.