

Antioch University New England
Department of Education
40 Avon Street
Keene, New Hampshire 03431

CNED 5750 Four Priorities of a Trauma-Informed Approach:

Section: G

Credits: 1

Semester: Summer 2020

Instructor: Alex Venet

E-mail: ashevrin@antioch.edu

Office Hours: By appointment

Text: No required hard copy text, all readings will be online and linked through Sakai

Course Dates: July 20 - August 14 2020 (4 weeks). Asynchronous except for Tuesday evening live sessions - 7:00-8:00pm EST each Tuesday.

Course Description:

Description: How should we prepare for a fall in our schools when things are unpredictable? A trauma-informed approach can help to ground our teaching practice through a focus on relationships and equity. In this class, we'll focus on the fall in our exploration of four priorities of a trauma-informed approach: predictability, flexibility, connection, and empowerment. Through videos, readings, and weekly live conversations, students will develop an understanding of trauma-informed practices and directly apply it to their planning for the new school year.

Course Purpose and Objectives

This course is focused around building a foundational understanding of trauma-informed practices in schools with a focus on four proactive priorities of predictability, flexibility, connection and empowerment. Reflective practice is a core part of our awareness-building, and students will also complete action plans for putting their understanding into practice.

Essential questions that frame this work and the course objectives will be: -

- What do I understand about trauma and how trauma impacts my students, myself, and my school?
- What are the connections between individual trauma and structural inequities? How might schools cause trauma, disrupt it, or prevent it?
- How do I foster predictability, flexibility, connection, and empowerment as key practices in preventing and addressing trauma?

Program Objectives: N/A

Overview of Course Content and Methods to be Used

Links to all learning materials and discussions will be posted on Sakai.

Assignments and Course Outline:

Week 1: Building a shared understanding of trauma and learning

Week 2: The four priorities: reflections on self, school, and system

Week 3: Digging deeper - exploration of choice topic

Week 4: Action planning - creating a trauma-informed action plan

Each week:

- Required resources: Alex will post required readings, videos, and other links for all connected to the week's theme
- Extension resources: Alex will post optional resources that students may opt into exploring based on interest and background knowledge
- Weekly activity: each week, students will engage in an interactive activity to apply their learning and demonstrate competency of course content.
- Reflect & Connect: students will connect via a discussion board to synthesize learning each week
- Live chat: weekly live chat on Tuesday evenings for questions and answers with Alex, discussions of course learning, and community-building

Final project:

- Students will complete an Action Plan final project that outlines how they will put their trauma-informed understanding into practice, along with an artifact that can be used in their unique setting. More details on this project will be available at the start of the course.

Evaluation Procedures

Evaluation criteria to receive credit: Student work will be assessed on the following criteria:

Form: Was the work presented organized in order to effectively communicate its content to the receiver(s) of the work?

Content: Did the work thoroughly address the guiding questions and prompts, drawing from the course experience with specific examples?

Process: Was the work received in a timely fashion? Did the student respond to instructor feedback and/or questions?

Incomplete Policy: Students may request (via the instructor) one, 12-week extension beyond the end of the academic term in which they started the course. At the end of that extension, however, no further material will be accepted and the student will be assigned a grade of "No Credit" for the course.

Use of Student Work for Academic Assessment

The products of students' work in this course may be used by AUNE for academic assessment and program improvement. Student work may be copied as part of this process. Any information identifying individual students will be removed from copied material. Access to these data is limited to departmental faculty, campus administrators, and accrediting agencies for the purpose of program review. Results of academic assessment are used only for program improvement and are reported in the aggregate to avoid identifying individual students.

Information about academic assessment at AUNE is available in the Student Handbook and on the AUNE website at www.antiochne.edu/assessment/. If you have any questions about the use of student work for academic assessment purposes please contact Tom Julius, AUNE Director of Academic Assessment.

Antioch University Policies

Antioch University is committed to building a vibrant and inclusive educational environment that promotes learning and the free exchange of ideas. Our academic and learning communities are based upon the expectation that their members uphold the shared goal of academic excellence through honesty, integrity, and pride in one's own academic efforts and respectful treatment of the academic efforts of others. All students are expected to comply with Antioch University policies, including the Title IX Sexual Harassment and Sexual Violence Policy, Student Academic Integrity Policy, and the Student Conduct Policy. Academic, student, and other university policies are available online: http://aura.antioch.edu/au_policies/

Reasonable Accommodation for Students with Disabilities

Antioch University is committed to providing reasonable accommodations to qualified students with disabilities in accordance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 2008. Students with disabilities may contact the Disability Support Services office to initiate the process and request accommodations that will enable them to have an equal opportunity to benefit from and participate in the institution's programs and services. Students are encouraged to do this as early in the term as possible, since reasonable accommodations are not retroactive. The Disability Support Services office is available to address questions regarding reasonable accommodations at any point in the term.

For more information, please contact Fran Ziperstein, 603-283-2438, fziperstein@antioch.edu, office located in Antioch University New England Student Services office suite.

Support for Research & Audiovisual Services

The **AUNE Library** offers research support, both face-to-face and long-distance. Your librarian, Peregrine (Pippin) Macdonald, is available weekdays and by appointment to discuss topics, research strategies, citation management, and more. For more information about the AUNE Library, visit our website: <http://www.antiochne.edu/library/>

In addition to books, DVDs, and journals, the library has a large collection of audiovisual equipment available for checkout. For a complete list of AV equipment and borrowing guidelines, visit this page: <http://www.antiochne.edu/library/audiovisual-services/>

Any research materials that the library does not own can be requested through our excellent Interlibrary Loan service: <https://antioch.illiad.oclc.org/illiad/logon.html>

Support for Writing and Presentations

The AUNE Writing Center, located in the library, offers free peer support for all parts of the writing process, including brainstorming and starting an assignment; organizing and structuring a draft; revising at the paragraph and sentence level; polishing near-final work; integrating your sources, and more. The AUNE Writing Center also supports Power Points, Prezis, Resumes, Cover Letters, and CVs.

Support at the **AUNE Writing Center** is available in via face-to-face, phone, or skype sessions. You can see our schedule, make appointments, and access resources at the Writing Center website, <http://www.antiochne.edu/writingcenter/>.

For written feedback on writing, you can submit your work to the **Virtual Writing Center**, which operates out of Antioch Seattle and is available to all AU students. You can submit a paper to the VWC at <http://www.antioch.edu/vwc/>. You will receive a response in 24-48 hours.