



World Service Business Conference

Growing Our Membership Worldwide

As reported by Kara M. (Ocean & Bay Intergroup | Region 6)

May 15, 2019

The World Service Business conference (WSBC), attended by delegates from around the world, meets annually each May to conduct the business of OA. Below are the 2019 statistics:

OA is in more than **80** countries and **18** were represented at WSBC



OA is made up of **11** Regions including a Virtual Region



17 Trustees
(Ten Regional Trustees, one Virtual Region Trustee and six General Service Trustees who serve as the executive committee)

188 registered delegates attended this year's WSBC

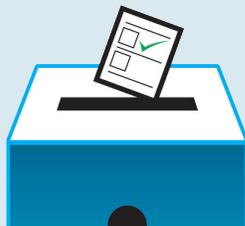
There were more than **50** green dots this year!

RESULTS OF ELECTION OF TRUSTEES

REGION 2: Hanna S. REGION 8: Andi S.
 REGION 5: Barbara K. REGION 9: Vasiliki T.
 REGION 6: Beth B. REGION 10: Letitia M.
 GENERAL SERVICE TRUSTEES: Tina C. (3 yr. term)

RESULTS OF ELECTION OF EXECUTIVE BOARD

CHAIR: Bonnie L.
 FIRST VICE-CHAIR: Karen B.
 SECOND VICE CHAIR: Ron C.
 TREASURER: Cyndy L.



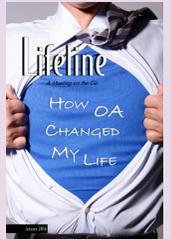
7TH TRADITION

\$6,252
Collected at WSBC

OUR CONTRIBUTIONS MAKE SURE THERE IS A PLACE FOR COMPULSIVE EATERS TO MEET AND SHARE THEIR RECOVERY

(A "green dot" is the term used for first-time delegates to the WSBC. They are asked to wear a green dot on their badges to identify themselves to more seasoned delegates who may be of assistance to them. Each "green dot" is also assigned a mentor by their respective region chairs.)

"Lifeline" Magazine will cease publication in December 2020. No new subscriptions will be taken after December 2019.



FORUM

Each One, Reach One, Every Day

CARRYING THE MESSAGE OF HOPE

What if every OA member took action to carry the message of recovery to at least one person every day?

This year's forum, presented on Wednesday, May 8 by the Region Chairs Committee, was designed to get useful suggestions to *Grow OA Membership Worldwide* and encourage all members, groups and service bodies to join in the "Each One, Reach One, Every Day" movement. We worked together in small discussion groups to answer questions and share ideas that can be implemented throughout our fellowship. Delegates considered, discussed and reflected on how to carry his/her message to newcomers and returnees. Doing this daily will increase OA membership and this Forum can be implemented at the local level.

WORKSHOPS

Workshops were offered throughout the week

- Carrying the Message: See a Health Fair / Professional Trade Show Booth in Action
- How Attractive Are We to New Members?
- Keeping Members Engaged
- Social Media—KISS (Keep It Super Simple)
- All About Conference (including Parliamentary procedures)
- What's Up? Attracting Young Persons
- Multiplying Recovery—Virtual and F2F

DID YOU KNOW?

RESTRUCTURING OF THE OA BOARD OF TRUSTEES TO BE VOTED UPON IN 2020

In order to improve effective decision making and maintain the fiscal soundness of OA, the Board of Trustees will undergo a change over the next few years. Future Board composition will be made up of 12 Trustees, who will serve the entire fellowship. This is a necessary change and current positions will be phased out as terms end.

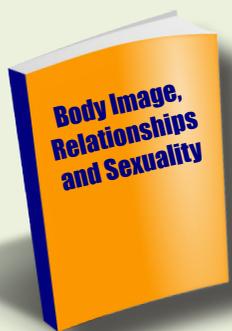
PROPOSED NEW BUSINESS MOTIONS & BYLAW AMENDMENTS

A	Create a policy statement about ease of translation	DEFEATED ❌
B	Amend the policy on how literature is discontinued, removed, or changed in format	ADOPTED ✅
C	Amend OA's Statement on Abstinence and Recovery to include a recovery definition	ADOPTED ✅
D	Create a policy statement on hybrid meetings and how they may be registered with the WSO	ADOPTED ✅
E	Disband the Web/Technology Committee	ADOPTED ✅
F	Utilize OA's nonprofit status to qualify for ad-free Google Custom Search functionality	ADOPTED ✅
H	Combine all event policies into a single policy	ADOPTED ✅
I	Direct the BOT to host all BOT and BOT committee meetings virtually, except for those meetings at WSBC	DEFEATED ❌
J	Disband the Virtual Services Conference Committee	ADOPTED ✅
K	Amend OA's Statement on Public Media to include virtual meetings and how they may be registered with the WSO	ADOPTED ✅
M	Create a statement on anonymity in an OA meeting	WITHDRAWN
O	Amend the policy on closing prayers to include the Step Twelve Affirmation	DEFEATED ❌
P	Direct the BOT to consider alternative ways to make the newcomer packet information available online	POSTPONED INDEFINITELY
1	Amend regions' composition to require language service boards to affiliate with a region	REFERRED TO COMMITTEE
2	Amend intergroups' composition to remove the allowance that land-based groups can affiliate with a virtual intergroup and vice versa	WITHDRAWN
3	Amend BOT qualifications to require a trustee applicant with only one year of WSBC service to serve their second year as a delegate to the WSBC for which they are standing for election	DEFEATED ❌
4	Amend regions' composition to allow virtual intergroups to participate in other region's activities with permission from that region	DEFEATED ❌
5	Amend intergroups' registration to remove reference to mailing notices since all communication is sent electronically	ADOPTED ✅
6	Amend regions' registration to remove reference to mailing notices since all communication is sent electronically	ADOPTED ✅
7	Amend service boards' registration to remove reference to mailing notices since all communication is sent electronically	ADOPTED ✅
8	Amend the Region Chairs Committee statement of purpose	ADOPTED ✅
9	Amend BOT nomination of trustees to remove the virtual services trustee position as this position is now within the region trustee structure	ADOPTED ✅
10	Amend meetings of delegates to allow trustee nominees to address the WSBC	ADOPTED ✅
11	Amend meetings of delegates to remove information that does not make sense (refer to motion rationale)	WITHDRAWN
12	Amend Conference committees to allow the BOT to disband committees that are not functioning after one year of service	ADOPTED ✅
13	Amend Concepts 2, 6, 7, 8, and 11 to include all levels of service	DEFEATED ❌

New Literature

COMING

SOON!



Every piece of literature goes through an extensive vetting process and includes a tremendous amount of review and revision. In serving on the Conference-Approved Literature Committee (CLC), I have a deeper appreciation for the OA literature, and I am so grateful to the dedicated OA members who created the materials and devoted countless hours to ensure the message is carried.

There were three proposed literature motions, and two of them passed. The Conference Seal of Approval was granted to a new piece of literature entitled "Body Image, Relationships and Sexuality: Personal Journeys to Recovery in Overeaters Anonymous" and a revised piece of literature, "Welcome Back: Suggestions for Members in Relapse and for Those Who Care." The revised "Dignity of Choice" brochure did not receive a two-thirds vote from the delegates, which is required for all literature proposals.

Mon. May 6, 2019

I feel so blessed to be back in Albuquerque again for WSBC. Today I went to the Botanic Gardens at the ABQ BioPark, and it was magnificent. The sky was a gorgeous shade of blue and the temperature was in the 80s. I sat under a rose covered arbor which provided shade along the path. I especially enjoyed the Children's Fantasy Garden, flowers, and sculptures that adorn the park. The whole experience was very restorative for me.



BENEFITS OF RECOVERY WHEN TRAVELING

1. I fit comfortably in the airplane seat and securing the belt is not an issue.
2. Tomato juice on the plane can be incorporated into my food plan.
3. The outfits I packed are ones I have worn for several years, and I do not have to wear "fat clothes."



Thurs. May 9, 2019

At everyone's seat in the Business Meeting this morning, there was a nickel with the "tail" side facing us. We were asked to flip over the coin and read what was written on the other side. It says: "In God we Trust." The significance is that Program teaches us to "turn it over" and "trust God."



The Region 6 delegates also had a little plastic frog at our seats, reminding us that FROG is the acronym for Fully Rely On God.

Region 6 of Overeaters Anonymous supports communities in New York, Connecticut, Massachusetts, Rhode Island, New Hampshire, Maine, Vermont, Central and Eastern Ontario, Quebec, Newfoundland and Labrador, New Brunswick, Nova Scotia, Prince Edward Island, and Bermuda.

This year we had nearly 30 delegates including trustees and volunteers in attendance at WSBC.

#ProudtobeRegion6



Days here are filled with OA Meetings, workshops, Fellowship and, of course, business meetings. The OA recovery meetings take place morning, noon and night, and the amount of recovery in the room is incredible! The different languages spoken here thrill me. The distinctive sounds of an Scottish brogue, a Southern drawl, a Mid-western twang, or the vocal lilt in an Aussie accent are pure music to my ears. What a gift to have met so many people from all over the world! I've heard the Serenity Prayer in Italian, Swedish, Spanish, Hebrew, and (of course) English.

Fri. May 10, 2019

Yesterday we voted on three pieces of literature and I prayed for acceptance of the outcome.

"Body Image, Relationships and Sexuality" and "Welcome Back" both passed.

However, "Dignity of Choice: Establishing a Plan of Eating," the piece of literature I have been working on for two years, was defeated. I was disappointed but not discouraged.

I look forward to reading the delegates' suggestions, continuing to work on the document, and bringing it back to be voted upon next year.



Sat. May 11, 2019

I went to church with three OA friends before the banquet. In a few short hours, I got my spiritual, emotional, and physical needs met by attending Mass, eating an abstinent dinner, conversing with friends in Fellowship, and a bit of dancing.

Once again, I am leaving WSBC viewing my world in a different light, and I can't wait to come back next year!

"As Always"
Kara



"RECOVERY: Removal of the need to engage in compulsive eating behaviors."

EXCERP OF THE NEW DEFINITION ON RECOVERY WHICH WAS ADOPTED AT WSBC 2019