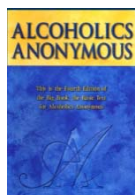




12 STEPS IN 5 HOURS WORKSHOP

The 164 Big Book OA Workshop

We take the twelve steps of Overeaters Anonymous in just a few hours! Who came up with this idea? Dr. Bob, the co-founder of AA. As it is written on pages 171 and 263, the whole process used to be done in a few hours. It is our hope and our prayer that we can recreate this experience during our workshop. During our workshop we will determine which foods are alcoholic to us, and we will go from Step 1 to 12.



Bring along your Big Book if you have one.

Loaner books will be available.

Lunch/Snacks:
Bring any food you need for the duration of the workshop. We will eat as we work.

Contact: Marcela (617) 501-6275
Iona (781) 330-1372
Rachel (617) 290-5219

*There is no registration required.
There is no cost for this Workshop.
The 7th Tradition will be passed.*



Saturday, March 4, 2017

Saturday, June 10, 2017

9:00am to 2:00pm

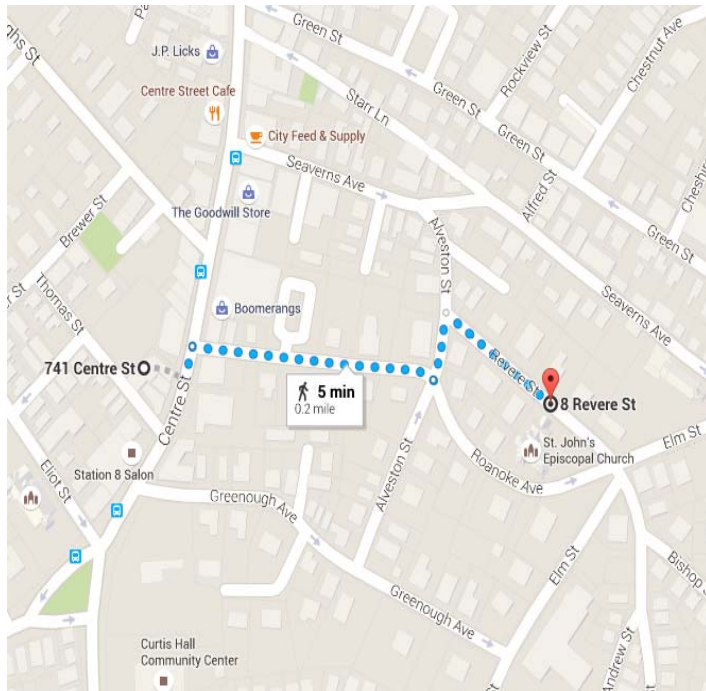
St. John's Episcopal Church

8 Revere Street, Jamaica Plain, MA



Directions/Parking:
See reverse side of this flyer.

There is free parking in a parking lot that is a 5 minute walk from the church. The entrance for the parking lot is in between Blanchard Liquor at 741 Centre Street and Caffè Nero at 733 Centre Street, Jamaica Plain.



741 Centre St

Jamaica Plain, MA 02130

↑ Head north on Centre St toward Harris Ave

82 ft

➤ Turn right onto Harris Ave

0.1 mi

⬅ Turn left onto Alveston St

161 ft

➤ Turn right onto Revere St

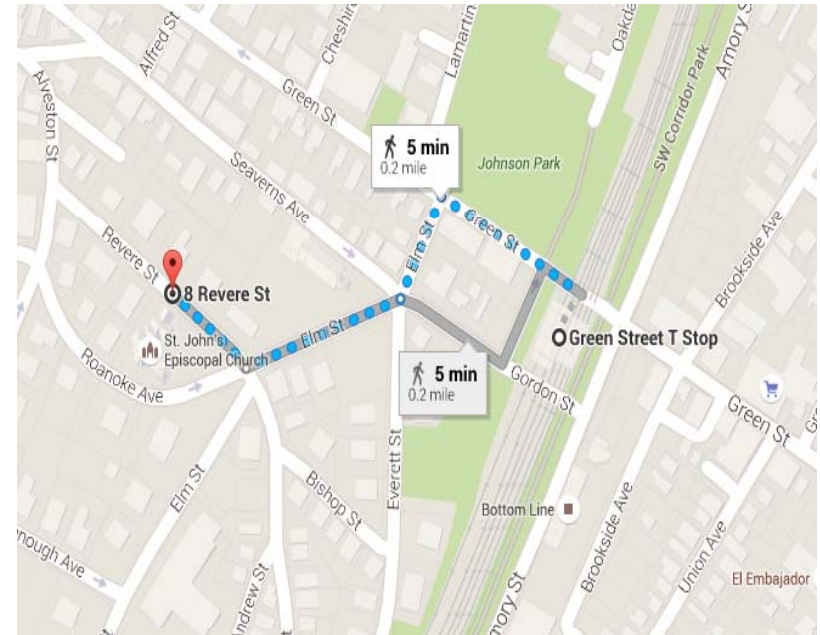
📍 Destination will be on the right

354 ft

8 Revere St

Jamaica Plain, MA 02130

The church is also a 5 minute walk from the Green Street stop on the Orange Line.



Green Street T Stop

Southwest Corridor Park, Boston, MA 02130

↑ Head northwest on Green St toward Woolsey Square

387 ft

⬅ Turn left onto Elm St

223 ft

➤ Turn right to stay on Elm St

394 ft

➤ Turn right onto Revere St

📍 Destination will be on the left

226 ft

8 Revere St

Jamaica Plain, MA 02130