



Region 6 of Overeaters Anonymous  
invites you to attend the  
2019 Region 6 Convention!

Whether you arrive as a day tripper or join us  
for the entire recovery-and fun-filled weekend,  
we want you to **join us in White Plains**  
**for Rooted In Recovery!!**

## CONVENTION HIGHLIGHTS

### ***Friday, October 18***

3:00 pm Registration opens  
4:00 pm Workshops begin  
8:00 pm Grand opening/keynote speaker  
9:00 pm Entertainment  
9:00 pm Workshops continue

### ***Saturday, October 19***

7:00 am Breakfast  
8:30 am Workshops begin  
12:00 pm Lunch  
1:30 pm Keynote Speaker  
2:30 pm Workshops continue  
6:30 pm Banquet  
8:00 pm Keynote speaker  
9:30 pm Entertainment/dancing  
9:30 pm Workshops continue

### ***Sunday, October 20***

7:00 am Breakfast  
8:30 am Workshops begin  
10:30 am Grand closing/keynote speaker  
12:00 pm Lunch

## **WHITE PLAINS 2019 REGION 6 CONVENTION ROOTED IN RECOVERY**

### **PART 1: CONVENTION REGISTRATION**

Registration is online only at:

<http://oaregion6.org/2019/>

**Credit Card/PayPal accepted**

**\*\*No refunds or transfers\*\***

#### **Registration Rates**

\$55 USD – Now until August 15

\$65 USD – August 16 – Oct 1

\$75 USD – Registration at the door

Online registration is available until **October 1st**

Additional copies of flyer can be downloaded  
from <http://oaregion6.org/2019/>

### **PART 2: MEAL PACKAGES or BANQUET**

**\$180 US** – Breakfast and lunch for Saturday  
and Sunday as well as the Saturday banquet  
**\$150 US** - Breakfast, lunch and banquet for  
Saturday and breakfast on Sunday - **NEW 2019**

**\$55 US** – Saturday banquet only

Refundable up to October 1st with the following

**Cancellation Fee:** Banquet only \$10, Meal Plans  
\$20. To purchase meal packages or to find  
Further information on the menu, visit  
<http://oaregion6.org/2019/>

### **PART 3: HOTEL RESERVATIONS**

#### **Crown Plaza**

66 Hale Ave., White Plains, NY, 10601

Phone reservations 1 866-594-6747

Hotel Rooms must be booked by Sept 19/19

#### **Hotel Occupancy Rates**

Single/Double Room \$149 US + tax/night

Triple/Quad Room \$159 US + tax/night

## **2 Ways to Register for the Hotel**

1. OA Region 6 website:

<http://oaregion6.org/2019/>

2. Hotel phone reservations:

1 866-594-6747

### **Hotel Payment Options**

A credit card is required to guarantee your reservation.

*Note: Your credit card is used as a guarantee only and will not be charged prior to your arrival.*

### **Additional Hotel Information**

- Hotel is smoke free
- Rollaway beds are available upon request for a \$30 US
- Group rate is available Wednesday night through Sunday night
- Self Parking is \$10 per day

### **Room Reservation Information**

- Hotel reservations must be made by September 19, 2019 to guarantee the R6 Convention rate
- Please notify the hotel if you require a handicapped accessible room
- Cancellation policy for guest rooms is 48 hours prior to arrival

### **Roommate List**

A roommate list will be made available. To add your name, please contact:

[r6roommatelist@oaregion6.org](mailto:r6roommatelist@oaregion6.org)

## **PART 4: SIGN UP FOR SERVICE**

We will again be using Sign-Up Genius for your service commitments.

All registrants will be notified to make their selection this summer.

### **General Service Opportunities**

We will need people to do service in several areas. There is no abstinence requirement for this service. Here are some examples:

- Talent show/entertainment
- Registration Desk
- Literature Table
- Hospitality Table/Greeters
- Merchandise Sales/Basket Raffles

### **Workshop Speakers**

Note: Speakers need a minimum of 1 year abstinence

Here are some topic examples for speakers:

- Abstinence • Relapse/Recovery
- Anorexia/Bulimia • Tools
- 100 lb. Emphasis • Steps
- Long Timers • Tradition
- Spirituality • Special Focus

For additional information, please contact:

[r6conventionchair@oaregion6.org](mailto:r6conventionchair@oaregion6.org)

For registration information, please contact:

[r6conventionregistrar@gmail.com](mailto:r6conventionregistrar@gmail.com)