



WHITE PLAINS 2019 REGION 6 CONVENTION ROOTED IN RECOVERY

**Region 6 of Overeaters Anonymous
invites you to attend the
2019 Region 6 Convention!**

Whether you arrive as a day tripper or join us
for the entire recovery-and fun-filled weekend,
we want you to **join us in White Plains
for Rooted In Recovery!!**

CONVENTION HIGHLIGHTS

Friday, October 18

3:00 pm Registration opens
4:00 pm Workshops begin
8:00 pm Grand opening/keynote speaker
9:00 pm Entertainment
9:00 pm Workshops continue

Saturday, October 19

7:00 am Breakfast
8:30 am Workshops begin
12:00 pm Lunch
1:30 pm Keynote Speaker
2:30 pm Workshops continue
6:30 pm Banquet
8:00 pm Keynote speaker
9:30 pm Entertainment/dancing
9:30 pm Workshops continue

Sunday, October 20

7:00 am Breakfast
8:30 am Workshops begin
10:30 am Grand closing/keynote speaker
12:00 pm Lunch

PART 1: CONVENTION REGISTRATION

Registration is online only at:

<http://oaregion6.org/2019/>

Credit Card/PayPal accepted

****No refunds or transfers****

Registration Rates

- \$55 USD – Now until August 15
- \$65 USD – August 16 – Oct 1
- \$75 USD – Registration at the door

Online registration is available until **October 1st**

Additional copies of flyer can be downloaded
from <http://oaregion6.org/2019/>

PART 2: MEAL PACKAGES or BANQUET

\$180 US – Breakfast and lunch for Saturday
and Sunday as well as the Saturday banquet
\$150 US - Breakfast, lunch and banquet for
Saturday and breakfast on Sunday - **NEW 2019**
\$55 US – Saturday banquet only

Refundable up to October 1st with the following

Cancellation Fee: Banquet only \$10, Meal Plans
\$20. To purchase meal packages or to find
Further information on the menu, visit

<http://oaregion6.org/2019/>

PART 3: HOTEL RESERVATIONS

Crown Plaza

66 Hale Ave., White Plains, NY, 10601

Phone reservations 1 866-594-6747

Hotel Rooms must be booked by Sept 19/19

Hotel Occupancy Rates

- Single/Double Room \$149 US + tax/night
- Triple/Quad Room \$159 US + tax/night

2 Ways to Register for the Hotel

1. OA Region 6 website:

<http://oaregion6.org/2019/>

2. Hotel phone reservations:

1 866-594-6747

Hotel Payment Options

A credit card is required to guarantee your reservation.

Note: Your credit card is used as a guarantee only and will not be charged prior to your arrival.

Additional Hotel Information

- Hotel is smoke free
- Rollaway beds are available upon request for a \$30 US
- Group rate is available Wednesday night through Sunday night
- Self Parking is \$10 per day

Room Reservation Information

- Hotel reservations must be made by September 19, 2019 to guarantee the R6 Convention rate
- Please notify the hotel if you require a handicapped accessible room
- Cancellation policy for guest rooms is 48 hours prior to arrival

Roommate List

A roommate list will be made available. To add your name, please contact:

r6roommatelist@oaregion6.org

PART 4: SIGN UP FOR SERVICE

We will again be using Sign-Up Genius for your service commitments.

All registrants will be notified to make their selection this summer.

General Service Opportunities

We will need people to do service in several areas. There is no abstinence requirement for this service. Here are some examples:

- Talent show/entertainment
- Registration Desk
- Literature Table
- Hospitality Table/Greeters
- Merchandise Sales/Basket Raffles

Workshop Speakers

Note: Speakers need a minimum of 1 year abstinence

Here are some topic examples for speakers:

- Abstinence • Relapse/Recovery
- Anorexia/Bulimia • Tools
- 100 lb. Emphasis • Steps
- Long Timers • Tradition
- Spirituality • Special Focus

For additional information, please contact:

r6conventionchair@oaregion6.org

For registration information, please contact:

r6conventionregistrar@gmail.com