

JAN 3

HONESTY

Identify Your Triggers and
Transform Your Food Plan



Ocean & Bay
INTERGROUP

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JUL 11*

TOPIC

To Be
Announced
**2nd Tuesday, this month, only*

FEB 7

EASY DOES IT

But Do It

Presents Monthly

2017

Mini Workshops

- Speakers
- Exercises & Handouts
- Questions & Answers

AUG 1

TOPIC

To Be
Announced

MAR 7

TOOLS

Reorganize Your Tool Box

SEP 5

TOPIC

To Be
Announced

APR 4

BODY IMAGE

Learning to Love My Self

First Tuesday

of Every Month

6:00 to 7:00 pm

Admission is FREE

7th Tradition Basket will be Passed

OCT 3

TOPIC

To Be
Announced

MAY 2

12-STEPPING A
PROBLEM

Use the New OA Pocket
Guide on Any Situation

Please join us after

7:00 pm Fellowship &

Literature Sales

7:30-8:30 pm

Intergroup Meeting

NOV 7

TOPIC

To Be
Announced

JUN 6

SPONSORSHIP

I'm Not Ready But My
Sponsor Thinks I Am

St Patrick Catholic Church

2068 Cranston St

Cranston, RI 02920

Sorry, no handicap access

*Please check www.oceanandbay.org for
updates on NEW accessible location*

DEC 5

TOPIC

To Be
Announced