

# OA WESTERN MASS INTERGROUP 41ST ANNUAL RETREAT - JUNE 2-4, 2017 (AN OA 12 STEP JOURNEY)



**Location: Genesis Spiritual Life Center, 53 Mill Street, Westfield, MA 01085.**  
**<http://genesisspiritualcenter.org>**

Whether you are a newcomer to Overeaters Anonymous or an experienced member, retreats are a fantastic way to experience recovery. Not only can you take a guided walk through the 12 Steps but along the way... you can stroll through the arboretum, pet a chicken (or try to), smell the flowers inside the Center and in the gardens, take a nap in a rocking chair under a shade tree, watch the fireflies dance in the evening, stare at the gazing ball, find the Genesis **footprints**, stretch with yoga, dare to sing to karaoke, spend some time with your Higher Power, and of course, make new friends along the journey. Come join us!



**Be an early  
bird. Sign  
up before  
3/15/17!**

## PROPOSED AGENDA

### Friday, June 2

5:30-7 pm	Check In
6-7 pm	Dinner
7:15 - 9:30 pm	Welcome
Home Meeting	
9:30-? pm	Specialty
Meetings/Fellowship/Activity	

### Saturday, June 3

7-8 am	Morning Activity
8-9 am	Breakfast
9:15-Noon	Speaker & Step
Work	
Noon-1 pm	Lunch
1-4 pm	Speaker & Step
Work	
6-7 pm	Dinner
7-8:30 pm	Speaker & Step
Work	
8:30-9:30 pm	Candlelight
Meeting	
9:30 -? pm	Specialty
Meetings/Fellowship/Activity	

### Sunday, June 4

7-8 am	Morning Activity
8-9 am	Breakfast
9:15-11:30am	Speaker & Step
Work	
11:30-Noon	Closing Circle
Noon-12:30 pm	Pack Up & Check out



### For Directions:

[genesisspiritualcenter.org/directions](http://genesisspiritualcenter.org/directions)

**OVEREATERS ANONYMOUS WESTERN MASS INTERGROUP PRESENTS: A GUIDED WALK THROUGH THE 12 STEPS OF OA  
AT THE GENESIS SPIRITUAL CENTER, 53 MILL STREET, WESTFIELD, MA ON JUNE 2,3, AND 4, 2017**

**Information** - For information requests contact: [wmiretreat@oawmass.org](mailto:wmiretreat@oawmass.org) or call 413-783-4198. **Please do not contact the Genesis Spiritual Center directly.** Information about directions and the location is available at the Genesis Spiritual Center website: [genesisspiritualcenter.org](http://genesisspiritualcenter.org).

**Cost** - Early bird special is **\$240** if paid in full by March 15, 2017. **\$260** after March 15, 2017. Cost includes: accommodations, five healthy meals, and lots of recovery! Retreat space is Limited-First come, first served.

**To Register** - Please fill out form and mail it along with your check payable to WMI Retreat to: **WMI Retreat, P.O. Box 454, Northampton, MA 01061.**

**Cancellations** - Cancellations are not refundable after **March 15, 2017**. However, you are welcome to find a substitute.

**Confirmation** - Retreat attendees will receive confirmation with directions, menu details, itinerary, things-to-bring and instructions by e-mail. If you do not have e-mail, please include 2 self-addressed, stamped envelopes with your registration.

**Scholarships** - Up to **\$190** are available, first come/first served for members in need. You must register with a **\$50** deposit before **March 15, 2017** to be considered for a scholarship. Please ask for the minimum you need so other members can be assisted. Recipients will be notified by e-mail by **May 1, 2017**. Deposits will be returned if scholarships are unavailable. Home meetings are encouraged to raise funds for their members in need.

**Food Plans** - The Genesis Retreat Center will provide 5 healthy meals which will accommodate most OA member's food plans. If you have specific dietary needs, please bring what you need. A refrigerator and microwave are available for your use. Specific questions about the meal plan should be sent by e-mail to [wmiretreat@oawmass.org](mailto:wmiretreat@oawmass.org).

**Note** - The retreat will begin on Friday, June 2 at 5:30 p.m. to 7:00 p.m. with check-in and end on Sunday, June 4 @ Noon to 12:30 p.m. with pack up and check out. **Also check out our Western Mass Intergroup Website: [www.oawmass.org](http://www.oawmass.org)**



PLEASE PRINT CLEARLY!

Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

Phone: \_\_\_\_\_ Address: \_\_\_\_\_

Payment: \_\_\_ Enclosed early bird special \$240. \_\_\_ After March 15 Registration \$260.

\_\_\_ \$50 Scholarship deposit. I request \$ \_\_\_\_\_ in scholarship funds and will pay the balance.

\_\_\_ Donation to scholarship fund \_\_\_\_\_ (Thank you!)

Accommodations: \_\_\_ Single room, if available. Roommate preference: \_\_\_\_\_

Note: a roommate may be assigned, if no preference given.

I will use a CPAP: Yes No My room MUST be on the first floor room: Yes No

\_\_\_ I am willing to lead a small group topic and/or free activity on \_\_\_\_\_

\_\_\_ Please do not put my name \_\_\_ phone \_\_\_ town \_\_\_ on the "We-Care List" which will be available to all retreat attendees.