



October



Mon	Tue	Wed	Thu	Fri
	1	1 Scrambled eggs Sausage links French toast sticks Peaches Hot pockets Salad bar	2 Crispy chicken sandwich Corn niblets French fries Crispy apple slices Baked potato bar Salad bar	3 Beef taco Queso cheese, salsa & sour cream Spanish rice Baja black beans Ham & cheese sandwich Turkey & cheese sandwich Salad bar
6 Chicken nuggets/tenders Sweet potato wedges Green beans Sweet peaches Ham & cheese sandwich Turkey & cheese sandwich Salad bar	7 Salisbury Steak w/gravy Broccoli Mashed potatoes Mandarin oranges Rolls Nacho bar w/chicken Salad bar	8 Half Day No School Lunch	9 Fall Break No School	10 Fall Break No School
13 Fall Break No School	14 Chicken Alfredo Cavatappi pasta Broccoli Breadsticks Sweet pears w/blueberries & mangos Nacho bar w/beef Salad bar	15 Cheeseburger w/pickles Baked beans French fries Applesauce Hot pockets Salad bar	16 Crispy chicken sandwich Pickles Corn niblets Potato chips Crispy apple slices Baked potato bar Salad bar	17 Pepperoni pizza Green beans Mandarin oranges Ham & cheese sandwich Turkey & cheese sandwich Salad bar
20 BBQ pulled pork Baked beans Macaroni & cheese Peaches Ham & cheese sandwich Turkey & cheese sandwich Salad bar	21 Orange chicken Spring rolls Sweet peas Fried rice Pears w/blueberries & strawberries Nacho bar w/chicken Salad bar	22 Chicken soft tacos Pinto beans Spanish rice Tropical fruit salad Hot pockets Salad bar	23 Chick-Fil-A Day Spaghetti w/meatballs Green beans Garlic breadsticks Applesauce Baked potato Salad bar	24 Half Day Grandparents Day
27 Sweet & sour chicken w/egg rolls Fresh gingered peas Rice Mandarin oranges Ham & cheese sandwich Turkey & cheese sandwich Salad bar	28 Pepperoni pizza Italian green beans Crispy apple slices Nacho bar w/beef Salad bar	29 Cod fish nuggets Collard greens Tater tots Cornbread muffins Sweet peaches Hot pockets Salad bar	30 Chicken parmesan Breadsticks Corn Tropical fruit salad Baked potato Salad bar	31 Chili cheese dog Baked beans Potato chips Sweet pears w/blueberries & mangos Ham & cheese sandwich Turkey & cheese sandwich Salad bar