



October



Mon	Tue	Wed	Thu	Fri
	1		1 Beef Lasagna Green beans Sweet pears w/blueberries & mangos Baked potato bar Salad bar	2 BBQ pulled pork Baked beans Chips Mandarin oranges Ham & cheese sandwich Turkey & cheese sandwich Salad bar
5 Chicken fajitas w/queso cheese Pinto beans White rice Tropical fruit salad Ham & cheese sandwich Turkey & cheese sandwich Salad bar	6 Chick-fil-A Day Crispy chicken sandwich Corn niblets Chips Crispy apple slices Nacho bar w/beef Salad bar	7 Half Day No School Lunch	8 Fall Break No School	9 Fall Break No School
12 Fall Break No School	13 Chicken tenders Macaroni and cheese Peas and carrots Rolls Diced fresh fruit Nacho bar w/chicken Salad bar	14 Chicken soft tacos Pinto beans Spanish rice Fresh apples, oranges & bananas Hot pockets Salad bar	15 Spaghetti pasta with meat sauce Green beans Garlic breadsticks Mandarin oranges Baked potato bar Salad bar	16 Salisbury Steak w/gravy Baby carrots Mashed potatoes Peaches Ham & cheese sandwich Turkey & cheese sandwich Salad bar
19 Pepperoni pizza Green beans Mandarin oranges Ham & cheese sandwich Turkey & cheese sandwich Salad bar	20 Chili cheese dog Baked beans Tater tots Apple slices Nacho bar w/beef Salad bar	21 Salisbury Steak w/gravy Lima beans Mashed potatoes Fresh apples, oranges, & bananas Hot pockets Salad bar	22 Chicken parmesan Cavatappi pasta Breadsticks Broccoli Tropical fruit salad Baked potato Salad bar	23 Half Day Grandparents Day No School Lunch
26 Chicken Alfredo Cavatappi pasta Broccoli Breadsticks Sweet pears Ham & cheese sandwich Turkey & cheese sandwich	27 Pulled pork BBQ sandwich Black eye peas Chips Fresh diced fruit Nacho bar w/chicken Salad bar	28 Scrambled eggs Sausage links French toast sticks Fresh apples, oranges & bananas Hot pockets Salad bar	29 Beef taco Black beans White rice Mandarin oranges Baked potato Salad bar	30 Chicken tenders Sweet corn Macaroni and cheese Tropical fruit Ham & cheese sandwich Turkey & cheese sandwich Salad bar