



Sourdough Bread in 4 Simple Steps!

Ready to bake bread that's as wholesome as it is delicious? My foolproof 4-step method makes sourdough simple — with less than 30 minutes of hands-on time!

Discover the health benefits of real sourdough:

- Nutrient-rich
- Easier to digest
- Lower impact on blood sugar

What's included:

- Your own live sourdough starter
- Step-by-step instructions to use at home
- A ready-to-bake loaf to take with you

✦ When: March 6, 2025

✦ Where: Rebekah's Health & Nutrition Lake Orion

Bonus: Enjoy a Sourdough Tasting Bar and fresh Herbal Tea during class!
Reserve your spot today and let the sourdough magic begin!

[Registration Link](#)