THOMAS MACLAREN SCHOOL

PHYSICAL EDUCATION
CREDIT REQUEST & ACTIVITY LOG

At Thomas MacLaren School, Physical Education (PE) requirements are met outside of the school day. A MacLaren student needs **one credit during each year**, grades 6-10. A credit will be earned by participating in the equivalent of 24 hours of physical activity in a year. This may be done individually (exercise at the YMCA, hours of walking logged and signed by parent) or on a team sport. Summer activities will be credited to the following school year (e.g., swimming lessons through Parks and Recreation).

When a student has fulfilled this requirement, please submit this form either to the front desk or email to the Registrar's Office (***MacRegistrar@maclarenschool.org***). If you have any supporting paperwork, turn that in as well. If, for a medical reason, you need a waiver from this requirement, please submit a request with a doctor's notice. **If a student participates in a MacLaren team sport, their PE credit will be documented via roster from the coach and there will be no need to submit this form.**

Student	Grade

DATE	ACTIVITY	HOURS LOGGED	PARENT/COACH INITIALS
TOTAL HOURS (minimum of 24 hours required)**:**			

Attach additional activity log page, if needed.

Student Signature Date

Parent/Coach Signature Date