



**FOR IMMEDIATE RELEASE**

**Contact:**

Cole McDaniel  
Los Altos Family YMCA  
562-596-3394  
Cole.mcdaniel@lbyymca.org

## **BEST SUMMER EVER!**

*Los Altos YMCA is planning a summer camp that kids won't ever forget*

Long Beach CA, 5/2/2018 – The Los Altos Family YMCA will be offering a full 10 week summer summer camp from June 18<sup>th</sup> – August 24<sup>th</sup>. The day camp will run from 6:30 AM to 6:30 PM and will accept kids entering transitional kindergarten through the eighth grade.

"Our aim throughout this whole process was to craft a summer camp that kids will want to come back to every year. With field trips to Knotts Berry Farm, the Queen Mary, LA Rams Training Camp and more, along with activities here on site, we want our kids to create memories that will last a lifetime." Cole McDaniel, the camp's director also said the Los Altos Camp caters to the working parent. "With our day beginning at 6:30 AM and ending at 6:30 PM, that provides a great deal of flexibility to parents who are working all day."

Without access to educational activities during the summer, children who are already behind in reading are at risk of falling further behind their peers. For children who need additional help with their reading skills, the the Los Altos Y is offering a Learning Loss Prevention Program for all campers in grades K-8. The Summer Learning Loss Prevention Program, a national initiative at the Y supports cognitive, physical and social-emotional growth while focusing on helping children read at grade level.

Since summer is synonymous with swim season, the Y encourages families to explore the benefits of swimming while also keeping safety top of mind. Through the Y's Safety Around Water program, parents and caregivers will be encouraged to help their children learn fundamental water safety and swimming skills. During the summer course, children will learn how to respond if they find themselves in unexpected water situations.

And while these programs keep local children busy and engaged throughout the summer, kids can't focus when they're hungry. Children who rely on low-cost lunch plans during the school year are at risk of going hungry when school's not in session. The Los Altos YMCA offers a fully subsidized Healthy Kids Program that helps fill that gap to make sure all of our campers can enjoy healthy meals and snacks throughout the summer.

The overnight camp at YMCA Camp Oakes provides kids with adventure, healthy fun, personal growth and friendships that can take a so-so summer and turn it into a memory that lasts a lifetime. Camp Oakes provides a welcoming environment for kids where they can belong, build relationships, develop character and discover their potential.

Camp Oakes hosts campers in week long increments, with the Los Altos group going up the week of July 7<sup>th</sup> – 14<sup>th</sup>. Lodging, food, transportation and access to all of the recreation activities on site are available with each campers registration.

Whether it's keeping our campers active and engaged throughout the summer, helping students sharpen their reading skills, keeping little ones full, or keeping kids safe around water, the Los Altos Y has a program to benefit all youth in the community.

To learn more, visit <https://www.lbymca.org> and navigate to the Los Altos homepage. Or contact Cole McDaniel, Camp & Childcare Director at 562-596-3394

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### ***About the Y***

The Y is one of the nation's leading nonprofits strengthening communities through youth development, healthy living and social responsibility. Across the U.S., 2,700 Ys engage 21 million men, women and children – regardless of age, income or background – to nurture the potential of children and teens, improve the nation's health and well-being, and provide opportunities to give back and support neighbors. Anchored in more than 10,000 communities, the Y has the long-standing relationships and physical presence not just to promise, but to deliver, lasting personal and social change. [ymca.net](http://ymca.net)