

## The REAL Skinny on Tea and Weight Loss

Sexy ads, click-bait articles and splashy social posts abound with offers to buy the latest TEA that will simply melt the excess pounds away. Research studies are confusing and often inconclusive in their final analysis. If you're confused whether TEA can really help in the battle of the bulge, you are not alone. We all know weight loss is complex; nutrition, lifestyle, genetics, age all play a role. But what role can TEA play? Can it really help with healthy weight management? What information can I trust and what's a scam? This presentation represents Stacie Robertson's decade long search for the REAL truth about TEA when it comes to weight loss. In the USA 75% of all deaths are contributed to "lifestyle" diseases stemming from obesity, so it's never been more important to find out. In this presentation you will learn what the new and emerging science has to say. We'll unpack the data on population trials, scientific research on the chemistry of tea, and behavior modification utilizing tea. Combining this groundbreaking information with other good choices can help anyone achieve a healthier weight. Stacie takes a deep dive into peer reviewed published studies and crunches the facts and data into good news we can all use. Her lifelong quest for optimal health and passion for tea have led her to discover unique "hacks" using tea, that create real results you can see and feel. A lively, fun, and upbeat presentation you will genuinely enjoy, and your purchase includes a comprehensive email report with all the key points, data, and references!