



Dance Classes at Friedman JCC of PA

613 S J Strauss Lane, Kingston

Live Love Dance Studio is collaborating to offer the following classes at the JCC:

Youth Class Options

- **Zumbini with Marikate (ages 0-4)** – Music and movement class created for infants, toddlers, preschoolers, and their caregivers for 45 minutes of non-stop fun!
Classes are held Mondays starting March 1st at 4:00 PM
Taught by Miss Marikate, Cost is \$125.00 for 9 weeks (or ask about our punch card option!)
Member price is \$115.00 for 9 weeks.
- **Capes and Tiaras (ages 3-6)** – this 45-minute class is filled with dance, music, and fun while celebrating your child's favorite characters. There will be warmups, dance, activities and more throughout the class. Dress up like your favorite princess, superhero, or whatever sparks your creativity (just make sure you can safely move around in it!). This class is also a great introduction for those little ones who have not experienced a dance class yet!
Taught by Miss Marikate, Classes will start March 1st at 6:00pm,
Member cost is \$65 for 8 weeks, Non-member cost is \$75 for 8 weeks
- **Musical Theater Dance (ages 7+)** - Be audition and performance ready with this exciting 45-minute dance class that will teach musical theater basics for movement and ensemble dance numbers. This class will focus on learning dance numbers from Broadway musicals and help with learning how to perform through your dancing. Beginners welcome!
Taught by Miss Marikate, Classes start March 1 at 6:45pm,
Member cost is \$65 for 8 weeks, Non-member cost is \$75 for 8 weeks
- **Intro to Dance (ages 14-17)** – this 45-minute class is for beginner level students who want to try something new. We will focus on dance basics and work on stretching and technique.
Taught by Miss Amber, Classes start March 3rd at 3:30pm.
Member cost is \$65 for 8 weeks, Non-member cost is \$75 for 8 weeks

*For registration information visit FriedmanJCC.org or send an email to Marikate Sullivan at m.sully1102@gmail.com



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Adult Class Options

- **Adult Beginner Ballet (ages 18+)** - This 45-minute Adult Ballet class is designed for adult students of all levels of training, from former dancers to adults who are looking to start their dance training for the very first time. The session will concentrate on correct body alignment/placement, strength, and flexibility, and providing formal training in the foundations of classical ballet.
Taught by Miss Amber, Classes start March 3rd at 4:00pm.
Member cost is \$65 for 8 weeks, Non-member cost is \$75 for 8 weeks
- **Adult Beginner Tap (ages 18+)** - Get on your feet and make some noise! This basic level beginner tap session is geared towards the adult who has had little to no tap training and will focus on proper instruction of how to articulate your feet and ankles as well as explore musicality, rhythm, and syncopation. Come ready to have a blast! This is a 45-minute class
Taught by Mr. Mike, Classes start March 4 at 5:00pm
Member cost is \$65 for 8 weeks, Non-member cost is \$75 for 8 weeks
- **Adult Theater Movement Class (ages 18+)** – this class is for beginner dancers wanting to broaden their skill level. You will learn basic dance movements in a high energy fashion. Whether you are involved in the community theater world or just wanting to try something new, this class is for you!
Taught by Mr. Mike, Classes start March 4th at 6:00pm.
Member cost is \$65 for 8 weeks, Non-member cost is \$75 for 8 weeks

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