

# American Red Cross Training



## Course Length & Outline:

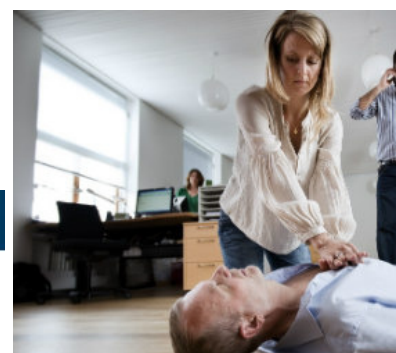
Duration: 4-6 hours (time can vary depending on class size & prior experience)

Certification Length: Two Years

Evaluation Method: Hands-on practical skill testing

## Course Description:

This program has been designed to help employees acquire the knowledge and skills needed to effectively respond to emergencies. The focus of the course is to help individuals understand their role in the emergency medical services (EMS) system. This program helps participants reduce the risk of disease transmission, become proficient in how to recognize and care for a person having a heart attack and perform CPR for a person in cardiac arrest. Courses are taught by a Connecticut certified EMT American Red Cross instructor. The course uses a combination of blended learning through hands-on skills, lecture, and video.



## American Red Cross Topics Covered:

- Scene Safety
- Disease transmission and prevention
- Emergency action steps
- Obtaining consent
- Conscious and unconscious checks
- Responding to common first aid emergencies
- Heart attack (adult/child/infant)
- Cardiac arrest (adult/child/infant)
- AED precautions and use
- Shock
- Sudden Illness
- Anaphylaxis
- Breathing emergencies (Asthma & Choking)
- Heart related illnesses & hypothermia
- Bites & stings
- Poisoning

**RELIABILITY AT EVERY LEVEL**

