

# INDIVIDUALIZED MENTORING PLAN

<b>Start Date:</b>		<b>End Date:</b>	
<b>Youth Name:</b>			
<b>Mentor Name:</b>			

## Long-Term Goals

- 1) In the first few months with your mentor, work together to complete the six sections inside this plan (*Learning, Connecting, Thriving, Working, Leading, and Focus Area*).
- 2) Based on your work in this plan, talk with your mentor to create two or three goals you would like to achieve in the next one or two years.
- 3) Write these goals down in the spaces provided in the "My Long-Term Goal" column below.
- 4) In six months and nine months after your mentoring relationship begins, write about your progress toward these goals in the "Update" columns below.







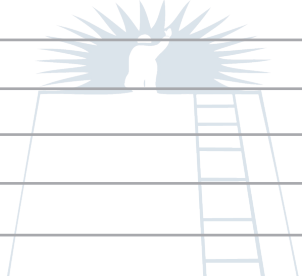
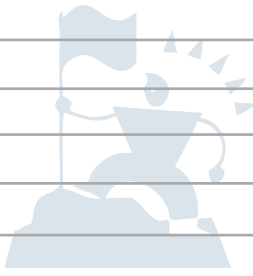

	My Long-Term Goal	6-Month Update	9-Month Update
<b>Goal 1</b>			
<b>Goal 2</b>			
<b>Goal 3</b>			

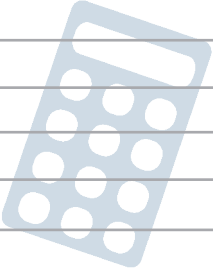



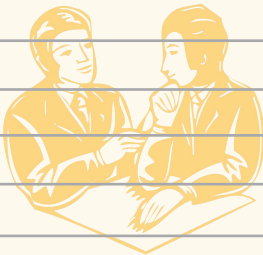

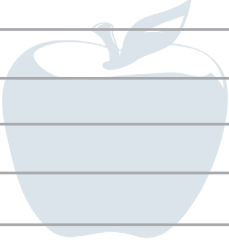


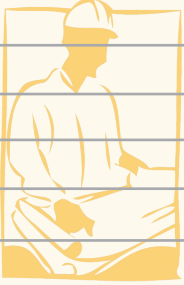








\_\_\_\_\_  
Youth Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Mentor Signature

\_\_\_\_\_  
Date

Topic	Strengths (What I'm Good At)	Areas for Growth (What I Can Get Better At)
<b>Learning</b> <i>Doing my best in school and educational settings.</i>	1)  2) 3)	1)  2) 3)
<b>Connecting</b> <i>Building relationships, getting around my community, and finding resources.</i>	1)  2) 3)	1)  2) 3)
<b>Thriving</b> <i>Making positive choices for my physical and emotional health.</i>	1)  2) 3)	1)  2) 3)
<b>Working</b> <i>Exploring careers and getting ready for finding and keeping a job.</i>	1)  2) 3)	1)  2) 3)
<b>Leading</b> <i>Being involved in my community and setting goals for myself.</i>	1)  2) 3)	1)  2) 3)
<b>Focus Area</b> <i>Select your own focus area.</i>  _____	1)  2) 3)	1)  2) 3)

<b>I Will Do...</b> <i>(My Responsibilities)</i>	<b>Mentor Will Do...</b> <i>(My Mentor's Responsibilities)</i>	<b>Notes &amp; Updates</b> <i>(Anything Else Important)</i>
1)  2) 3) 	1)  2) 3) 	 Date Section Completed: _____
1)  2) 3) 	1)  2) 3) 	 Date Section Completed: _____
1)  2) 3) 	1)  2) 3) 	 Date Section Completed: _____
1)  2) 3) 	1)  2) 3) 	 Date Section Completed: _____
1)  2) 3) 	1)  2) 3) 	 Date Section Completed: _____
1)  2) 3) 	1)  2) 3) 	 Date Section Completed: _____

# Short-Term Goals: Steps to Meeting Long-Term Goals

Long-term goals are achieved by setting short-term goals that move you one step at a time closer to success. Copy your long-term goals from the first page of this Individualized Mentoring Plan into the spaces below. Then work with your mentor or friends to brainstorm and write down some short-term goals to help you achieve each long-term goal. When thinking about short-term goals, pick things that you can complete in one week to a month.

**Long-Term Goal Sample:** *Get a job working with animals.*

## Short-Term Goal Ideas

- *Research employers in my area where I could work with animals.*
- *Work with my mentor to set up a job shadow at one of these employers.*
- *Research requirements to volunteer at an animal shelter to gain experience.*
- *Work with my mentor to write a resume and practice job interviewing.*
- *Fill out applications and submit resumes to get a job working with animals.*

**Long-Term Goal 1:**

## Short-Term Goal Ideas

**Long-Term Goal 2:**

## Short-Term Goal Ideas

**Long-Term Goal 3:**

## Short-Term Goal Ideas