

Workshop name	Workshop description
Adventure Tower	Pamunkey Ridge features an exciting climbing tower and high ropes course designed to allow everyone from Girls Scout Juniors and older a chance to take on exciting new challenges! For climbing, the tower features three climbing walls, 24, 32, and 40 feet tall, designed to range in difficulty as participants improve their climbing skills. The tower is also home to a 260 ft zipline, and Girl Scout Cadettes and older can try their hand at 6 unique high ropes elements on our adventure course.
Beginning crochet	Learn the fun of crochet with easy steps you can shares with your troop. Learn what SC, DC and CH mean when following a pattern.
Beginning Knitting (3 hour session)	Learn the basics for knitting (casting on, binding off, knit and purl stiches)as well as what supplies are needed to complete a project (types and weight of yarns, size and type of needles, reading patterns).
Beginning Tatting	Tatting is a technique for handcrafting a particularly durable lace from a series of knots and loops.” Knots and Loops, right up a Girl Scouts alley! Use a small shuttle and learn to turn thread into cool figures or even lace. Tatting is a cool vintage craft that is compact and affordable. Come learn from two Vintage Girl Scouts. Bring a shuttle if you have one, if not we will have supplies.
Bronze, Silver, Gold Award	Do you have questions about how/what is needed for girls to earn a Girl Scout Bronze, Silver or Gold award. Come meet a member of the Girl Scout Highest Awards committee that can answer questions and show you where to find the information you need to help girls achieve these awards.
Clay Flower Pot Soilders	You will need to bring 5 clay pots , (4 to 6 inches) to this class. We will teach you how to put them together and paint them to be a decorative solider.
Cloth Pin Wreath	Using metal hanger, clothes pins and some paint, learn how to make a decrative wreath you can hang anywhere.
Dutch Oven Cooking	Learn how to perpare tasty dishes to feed a crowd using charcoal briquettes as a heating source.
Easy Inexpensive SWAPS	All Girl Scouts love their SWAPS (Special Whatchamacallits Effectionately Placed Somewhere). Come learn what SWAPS are and ideas for making inexpensive SWAPS.
Fishing	Come out and learn how to bait a hook, cast the line, and remove a fish. Learn what is needed to take your troop on an afternoon adventure.
Galaxy Spray Paint Art	Using spray paint, canvas, and circles learn how to create a piece of art you troop can do.

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Geocaching	Learn the basics about geocaching. You will search for caches hidden across camp. This is a bit like letterboxing with technology and detective skills. There are geocaches everywhere, this is a great way to get your troop outdoors for some fun.
Gimp, Plastic Lacing, Boondoggles, Scoubidou!	Learn the basics of plastic lacing weaving to create keychains that were first made popular in the late 1950s and again in the early 2000s. This is a popular and easy solution for crafting on the go!
Girl Scout Traditions	How many Girl Scout traditions are there? What makes it a tradition? Do you incorporate traditions into your troop and don't realize it? Join us for this workshop and see how many Girl Scout traditions you already know and maybe learn some new ones. This workshop is ideal for new Girl Scout troop leaders and volunteers.
Intro to the Appalachian Trail for GS of all ages and abilities (day hike, backpack, or just visiting)	The Appalachian Trail is a 2200-mile hiking trail that runs from Georgia to Maine and can provide many activities for Girl Scouts to enjoy. This class will be taught by an experienced backpacker who is also a lifetime Girl Scout. She hiked the entire trail in 2018 and wants to share her knowledge. Come get hands on experience packing and unpacking a pack, what foods work best for your trip, and the difference between day pack, backpack, Ultralight, or regular weight. She will teach you what equipment is needed for either a day hike or backpacking experience, this includes safety equipment including water filters, first aid supplies, and tents.
Jewelery for Beginners	Come learn how to accomplish some of the steps to lead your troop through the jeweler badge and have some fun being creative! We will have fun and be cost conscious. Learn the tools of the trade for metal and turn everyday objects into jewelry.
"Juiette Low Birthplace: Planning Your Trip to Savannah"	Speak with a former staff member of the Birthplace; learn about other sites to experience while in Savannah; and ask all the questions you may have about creating the best adventure for your troop.
Knots You Need	Learn to do basic knots: bowline, square knot, taunt line hitch, clove hitch...several others if desired.
Macrame	Using rope and knots to macrame to make key chains, friendship bracelets and/or plant hanger.
Meeting ideas for Daisy/Brownie/Junior	Learn about quick-to-complete crafts that can be used to keep girls hands occupied while having discussions about badges or journey topics or to simply fill in that dead space in the meeting plan.

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Meeting ideas for Cadette/Senior/ Ambassador troops	Learn about quick-to-complete crafts that can be used to keep girls hands occupied while having discussions about badges or journey topics or to simply fill in that dead space in the meeting plan.
Pie Irons- What for dinner?	Learn how to make savory dinner items in a Pie Iron over coals.
Sit Stitch and Spill	Bring you current needle craft project for a relaxing time to work and chat, knit, crochet, crosstich or any other kind of project welcome. Enjoy some relaxing time to hang out and network while working on your project.
Travel-Girls can go anywhere	Girl Scout travel should be a process through progression. Learn what you need to know and do for you troop to travel local and worldwide. This facilitator has taken several troops overseas.
Troops 1st sleep over	Do's and don't for troop sleepovers. Ideas, theme crafts, snacks, and activites as well as suggestions for carrying ideas and themes through your Girl Scouting years.
Upcycle Bottle to make a great gift	Using an recycled bottle, masking tape, and paint make a decorative bottle that can be used as a vase or any other refillable item.
What's Your Next Adventure	Adventures are part of what makes being a Girl Scout great and helps girls build skills that will last a lifetime. Travel is one of thoes adventures. This class will explore the opportunities that are available - GSUSA Destinations, Girl Scout Getways, Girl Scout properties and your own troop travel. See what is availiable to help you plan your next adventure with our troop. There's a life-chaning adventure out there waiting for you and your Girl Scouts to experience. What is it?
Wind Chimes	Learn to recycle found objects into a wind chime. Use old jewelry, beads , small items and transform into a wind chime or mobile for all skill levels.