Table of Contents

Part One: What's making you sick and how to dowse to fix it

1. Introduction 9 1.1 How I got healthy with dowsing 10 1.2 What is dowsing? 12 1.3 Dowsing and consciousness 13 1.4 Structure of the book 18 2. What's Making Us Sick? 19 2.1 Types of energy that can affect your health 21 Earth Energies 24 Environmental Energies 25 Psychic Energies 25 Personal Energies 26 2.2 Create a plan to improve your health 27 3. Dowsing Fundamentals 29 3.1 Dowsing foods 30 How to dowse with pendulums 30 3.2 Phrasing questions for dowsing 31 3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 35 The Dowsing Protocol 40 3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90 5.9 Repal / Uripary 96		
1.2 What is dowsing? 12 1.3 Dowsing and consciousness 13 1.4 Structure of the book 18 2. What's Making Us Sick? 19 2.1 Types of energy that can affect your health 21 Earth Energies 24 Environmental Energies 25 Psychic Energies 25 Personal Energies 26 2.2 Create a plan to improve your health 27 3. Dowsing Fundamentals 29 3.1 Dowsing fools 30 How to dowse with pendulums 30 3.2 Phrasing questions for dowsing 31 3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 45 3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90	1.	Introduction 9
1.2 What is dowsing? 12 1.3 Dowsing and consciousness 13 1.4 Structure of the book 18 2. What's Making Us Sick? 19 2.1 Types of energy that can affect your health 21 Earth Energies 24 Environmental Energies 25 Psychic Energies 25 Personal Energies 26 2.2 Create a plan to improve your health 27 3. Dowsing Fundamentals 29 3.1 Dowsing fools 30 How to dowse with pendulums 30 3.2 Phrasing questions for dowsing 31 3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 45 3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		1.1 How I got healthy with dowsing 10
1.3 Dowsing and consciousness 13 1.4 Structure of the book 18 2. What's Making Us Sick? 19 2.1 Types of energy that can affect your health 21 Earth Energies 24 Environmental Energies 25 Psychic Energies 25 Personal Energies 26 2.2 Create a plan to improve your health 27 3. Dowsing Fundamentals 29 3.1 Dowsing tools 30 How to dowse with pendulums 30 3.2 Phrasing questions for dowsing 31 3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 35 The Dowsing Protocol 40 3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		
2. What's Making Us Sick? 19 2.1 Types of energy that can affect your health21 Earth Energies 24 Environmental Energies 25 Psychic Energies 25 Personal Energies 26 2.2 Create a plan to improve your health 27 3. Dowsing Fundamentals 29 3.1 Dowsing tools 30 How to dowse with pendulums 30 3.2 Phrasing questions for dowsing 31 3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 35 The Dowsing Protocol 40 3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		
 2. What's Making Us Sick? 19 2.1 Types of energy that can affect your health21 Earth Energies 24 Environmental Energies 25 Psychic Energies 25 Personal Energies 26 2.2 Create a plan to improve your health 27 3. Dowsing Fundamentals 29 3.1 Dowsing tools 30 How to dowse with pendulums 30 3.2 Phrasing questions for dowsing 31 3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 40 3.5 How to use the Dowsing Protocol 40 3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90 		
2.1 Types of energy that can affect your health21 Earth Energies 24 Environmental Energies 25 Psychic Energies 25 Personal Energies 26 2.2 Create a plan to improve your health 27 3. Dowsing Fundamentals 29 3.1 Dowsing tools 30 How to dowse with pendulums 30 3.2 Phrasing questions for dowsing 31 3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 35 The Dowsing Protocol 40 3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		1.4 Structure of the book 18
2.1 Types of energy that can affect your health21 Earth Energies 24 Environmental Energies 25 Psychic Energies 25 Personal Energies 26 2.2 Create a plan to improve your health 27 3. Dowsing Fundamentals 29 3.1 Dowsing tools 30 How to dowse with pendulums 30 3.2 Phrasing questions for dowsing 31 3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 35 The Dowsing Protocol 40 3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90	2.	What's Making Us Sick? 19
Earth Energies 24 Environmental Energies 25 Psychic Energies 25 Personal Energies 26 2.2 Create a plan to improve your health 27 3. Dowsing Fundamentals 29 3.1 Dowsing tools 30 How to dowse with pendulums 30 3.2 Phrasing questions for dowsing 31 3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 40 3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		
Environmental Energies 25 Psychic Energies 25 Personal Energies 26 2.2 Create a plan to improve your health 27 3. Dowsing Fundamentals 29 3.1 Dowsing tools 30 How to dowse with pendulums 30 3.2 Phrasing questions for dowsing 31 3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 40 3.5 How to use the Dowsing Protocol 40 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		
Psychic Energies 25 Personal Energies 26 2.2 Create a plan to improve your health 27 3. Dowsing Fundamentals 29 3.1 Dowsing tools 30 How to dowse with pendulums 30 3.2 Phrasing questions for dowsing 31 3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 40 3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		
Personal Energies 26 2.2 Create a plan to improve your health 27 3. Dowsing Fundamentals 29 3.1 Dowsing tools 30 How to dowse with pendulums 30 3.2 Phrasing questions for dowsing 31 3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 35 The Dowsing Protocol 40 3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		
2.2 Create a plan to improve your health 27 3. Dowsing Fundamentals 29 3.1 Dowsing tools 30 How to dowse with pendulums 30 3.2 Phrasing questions for dowsing 31 3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 35 The Dowsing Protocol 40 3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		•
3. Dowsing Fundamentals 29 3.1 Dowsing tools 30 How to dowse with pendulums 30 3.2 Phrasing questions for dowsing 31 3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 40 3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		<u>e</u>
3.1 Dowsing tools 30 How to dowse with pendulums 30 3.2 Phrasing questions for dowsing 31 3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 40 3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		2.2 Create a plan to improve your hearth 27
3.1 Dowsing tools 30 How to dowse with pendulums 30 3.2 Phrasing questions for dowsing 31 3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 40 3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90	3.	Dowsing Fundamentals 29
How to dowse with pendulums30 3.2 Phrasing questions for dowsing 31 3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 35		3.1 Dowsing tools 30
3.2 Phrasing questions for dowsing 31 3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 35		C
3.3 Use dowsing charts for accuracy 32 3.4 Susan Collins' Dowsing Protocol 35 The Dowsing Protocol 40 3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		±
3.4 Susan Collins' Dowsing Protocol 35 The Dowsing Protocol 40 3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		
The Dowsing Protocol 40 3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		
3.5 How to use the Dowsing Protocol 42 3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		
3.6 Triage Protocol 45 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		•
 3.7 Find the source of symptoms 47 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90 		<u>e</u>
 4. Improve Your Health with Dowsing 53 4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90 		e e e e e e e e e e e e e e e e e e e
4.1 Energy Clearing Techniques 54 4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		5.7 I find the source of symptoms 47
4.2 Dowse your foods and supplements 59 4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90	4.	Improve Your Health with Dowsing 53
4.3 Good results at the doctor 68 Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		4.1 Energy Clearing Techniques 54
Part Two: Dowse Your Body Systems 5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		4.2 Dowse your foods and supplements 59
5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		4.3 Good results at the doctor 68
5. The Physical Body 73 5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90	D4 T	D V D. L. C
5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90	Part I w	70: Dowse Your Body Systems
5.1 Cardiovascular / Circulatory 77 5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90	5.	The Physical Body 73
5.2 Digestive / Excretory 78 5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		· · · · · · · · · · · · · · · · · · ·
5.3 Endocrine 80 5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		
5.4 Fascia 84 5.5 Integumentary Exocrine 85 5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		•
5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		
5.6 Lymphatic/ Immune 86 5.7 Muscular 88 5.8 Nervous 90		5.5 Integumentary Exocrine 85
5.7 Muscular 88 5.8 Nervous 90		
5.8 Nervous 90		
		5.9 Renal / Urinary 96

5.10 Reproductive ... 975.11 Respiratory ... 99

5.12 Skeletal 100
The Mental Body 103 6.1 You get what you think about 105 6.2 What we believe about ourselves becomes true 108
The Emotional Body 111 7.1 Emotions and abuse 111 7.2 Emotions around issues 113 7.3 Emotional Freedom Technique 118
The Spiritual Body 119 8.1 Soul Missions 120 8.2 Soul repair 123
The Energy Body 129 9.1 Dowse Your body's polarity 131 9.2 Remove outdated vows and roles 133 9.3 Chakras: the body's energy wheels 135 Affirmations to strengthen the Chakras 139 9.4 Chinese Energy Meridians 142 9.5 Remove nonbeneficial Psychic Cords 145 9.6 Remove curses and thought forms 147 ee: Improve your dowsing
More Dowsing Techniques 149 10.1 How to dowse with L-rods 149 10.2 How to dowse with bobbers 150 10.3 How to dowse with your body 151 10.4 How to dowse with Y-rods 152 10.5 Blind dowsing 152 10.6 Chunk dowsing 153 10.7 Message boards 153 10.8 Map dowsing 154 10.9 Energy broadcasting 155 10.10 Find Geoprosperous (Power) Spots 156 10.11 Feng Shui dowsing 158 10.12 Visionary Detection 161 10.13 Create healthy cell biology 162 10.14 Dowse Future Probabilities 164 10.15 Spirit Release 165 10.16 Dowse the Covid-19 virus 168 10.17 Dowsing Protocol Reminder 170

11 Conclusion ... 171

Glossary ... 172 Bibliography ... 177 About the author ... 178 Other books by Susan Collins ... 180

Surveys

- Survey 1 Practice dowsing questions ... 43
- Survey 2 Am I ready to dowse safely about my health? ... 43
- Survey 3 Initial Investigation of Triage Energy Levels ... 46
- Survey 4 Which type of energy should I investigate next to improve my health? ... 47
- Survey 5 WHERE are nonbeneficial energies affecting my health originating? ... 48
- Survey 6 WHEN are nonbeneficial energies affecting my health originating? ... 48
- Survey 7 In what DIMENSION are nonbeneficial energies originating? ... 48
- Survey 8 In what REALITY are nonbeneficial energies originating? ... 49
- Survey 9 WHAT nonbeneficial EARTH energies are affecting my health? ... 49
- Survey 10 WHAT nonbeneficial ENVIRONMENTAL energies are affecting me? 10
- Survey 11 Dowse your PERSONAL Energies ... 50
- Survey 12 What PSYCHIC Energies are affecting my health? ... 51
- Survey 13 Transforming EARTH and ENVIRONMENTAL Energies ... 56
- Survey 14 Transforming nonbeneficial PERSONAL Energies ... 58
- Survey 15 Dowse for optimal portion size ... 61
- Survey 16 Dowse for optimal cooking method ... 61
- Survey 17 Dowse for how often you should eat this food ... 61
- Survey 18 Dowse Food Lists ... 62
- Survey 19a Dowse Vitamins for optimal health ... 66
- Survey 19b Dowse Mineral Supplements for optimal health ... 67
- Survey 20 Physical Systems Overview ... 75
- Survey 21 Dowse the Circulatory System ... 77
- Survey 22 Dowse the Digestive System ...78
- Survey 23 Dowse the Endocrine System glands and hormones ...82
- Survey 24 Dowse hormones produced by other organs ... 83
- Survey 25 Dowse to see if your Fascia needs adjustments ... 84
- Survey 26 Dowse the Integumentary Exocrine System ...85
- Survey 27 Dowse the Lymphatic / Immune System ... 86
- Survey 28 Dowse the Muscular System ... 88
- Survey 29 Dowse the Nervous Systems ... 92
- Survey 30 Dowse the Renal / Urinary System ... 96
- Survey 31 Dowse the Female Reproductive System and Breast ... 97
- Survey 32: Dowse the Male Reproductive System ... 98
- Survey 33 Dowse the Respiratory System ... 99
- Survey 34 Dowse the Skeletal System ... 100
- Survey 35 Dowse your Mental Body Systems ... 104
- Survey 36 Dowse the sources of Negative Self-Talk ... 108

Survey 37 Emotions triggered by issues ...115 Survey 38 Emotions and Chakras correspondences ... 116 Survey 39 Emotions to help resolve issues ... 116 Survey 40 Actions to help resolve issues ... 117 Survey 41 Soul Mission for this lifetime ... 122 Survey 42 Soul Mission Territory for this lifetime ... 122 Survey 43 Dowse for damage to the original soul ...127 Survey 44 Dowse for Extra Consciousness in Soul Body ... 127 Survey 45 Dowse for where soul parts are hiding in the body ... 128 Survey 46 Am I ready now to dowse safely about Personal Psychic Energies? ... 129 Survey 47 PSYCHIC Energy transformations ... 130 Survey 48 Dowse your body's POSITIVE and NEGATIVE electrical energy ...132 Survey 49 Dowse for outdated vows ... 133 Survey 50 Dowse for outdated roles ... 134 Survey 51 Dowse your Chakra Systems ... 138 Survey 52 Dowse Chinese Primary Energy Meridians ... 143 Survey 53 Dowse Chinese Extraordinary Energy Meridians ... 143 Survey 54 Do I have nonbeneficial Psychic Cords attached to me on average? ... 146 Survey 55 Do I have nonbeneficial Curse energy in my field on average? ... 148 Survey 56 Dowse the Bagua map: Life metaphor ... 160 Survey 57 Dowse the Bagua map: physical plan of home ... 160 Survey 58 Dowse to create healthy cell biology ... 163 Survey 59 Dowse Future Probabilities ... 164