Arkansas Department of Health

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Governor Asa Hutchinson
José R. Romero, MD, Secretary of Health

November 19, 2020

Nathan Spicer
Little Rock Marathon Ugly Sweater Race
Outlets Area
Little Rock, AR

Dear Mr. Spicer:

The plan for this event has been reviewed and accepted for implementation with comment:

Please provide participant COVID 19 symptom and exclusions information at pre-race pickup.

Signage pertaining to COVID 19 symptoms and exclusions must be posted at the entrance to the event.

Signage and more information about COVID 19 can be found on our public website at www.healthy.arkansas.gov.

Adherence to the plan is the responsibility of the event.

Thanks Much!

J. Terry Paul, R.S.
Environmental Health Branch Chief
Arkansas Department of Health
501-661-2171

Little Rock Marathon
2020 Ugly Sweater Race
COVID-19 Operations Plan

Event Description

- The 2020 Ugly Sweater Race is hosted by the Little Rock Marathon, as a product of and in support of Little Rock Parks & Recreation.
- The event is a 5K.
- Scheduled to take place on Saturday, December 12 at 7:30 am.

Location

- The Outlets Mall, 11201 Bass Pro Pkwy, Little Rock, AR 72210
- The start and finish will be in the parking lot facing I-30.
- The course will utilize the Outlets of Little Rock parking areas and Bass Pro Shop Parkway.

Capacities

- With an 800-participant maximum, this event will be limited to a reasonable number of participants, which will allow for proper social distancing in the start/finish areas, as well as along the course.

Registration

- All registrations will be required to take place online, to reduce the amount of face-to-face contact, as well as the number of transactions that take place involving money.
- There will be no race day registration permitted.
- Participants must also sign a "Social Contract" as part of the registration. This social contract states the participant agrees to:
    - Follow all social distancing guidelines set forth in Directive by the Arkansas Department of Health Regarding Large Outdoor Venues (*effective June 15, 2020*)
    - Face coverings will be required for all persons present.
    - Participants must wear face coverings where proper social distancing is not possible, which includes start/finish line areas and on the course.
    - The participants are also agreeing that they are healthy enough to attend *(following government guidelines for outdoor events).*

Packet Pick-Up

- For every running event there is a "packet pick-up" process that takes place, which is when the participant receives their race number, final race instructions and other items they are entitled to as a part of their registration (*T-Shirt, etc.*).
- This will be handled at a vacant store front in the Outlets property.
    - Pick-up will take place on Thursday, December 10 from noon to 7 p.m. as well as Friday, December 11 from noon to 7 p.m.
    - There will be a limit of eight (8) visitors at a time in the store to pick-up their packet.
    - After receiving their packet, the participant will promptly leave the store, to allow additional participants to enter
    - All participants, as well as race staff and volunteers will be required to wear masks.
    - Race staff and volunteers will clean their hands with hand sanitizer following each transaction.
    - While in the store, all will practice social distancing and remain at lease six-feet apart

Pre-Start Protocols

- As participants reach the start corral, they will be screened and have their temperature checked by race staff.
    - The start corral area will be secured by barricades, with only one entrance
    - Any individual with a temperature at 100.4 or above will be asked to leave the premises and will not be allowed to participate in the event.
    - Each person will also be provided with a disposable mask and asked to wear them at all times when proper social distancing is not achievable.
- At this point all participants will proceed to the start line queue and begin the process of lining up for the start of the race as directed by race staff.
- Participants will be responsible for providing their own pre-race hydration and nutrition.

Start Line Protocol

- All participants will queue with masks on and 6' apart. We will corral all participants in groups of 75 numerically coded for contract tracing purposes. Race bib will match corrals.
- Each corral will start 30 seconds after the corral before.

On-Course Water Stations

- All participants will be encouraged to provide their own hydration while running, but staff will also be on hand to supplement this hydration, or to provide to those who do not bring their own.
- One (1) water station will be offered on the course, which will consist of three (3) six-foot tables that are placed along the side of the course. Each table will be spaced eight-feet apart.
- Volunteers, wearing face coverings and gloves, will be using a plastic pitcher to fill small four-ounce cups half full. These cups will be placed on the three tables, so that the participants can each grab a cup as they pass the table.
    - Cups will be placed approximately 8-10 inches apart on the tables
    - Traditionally, the volunteers would be handing the cups to the participants. Now the volunteers will stay at least four (4) feet back from the tables and re-stock the table as necessary with additional cups of water.
    - Garbage cans will also be placed past the tables, so that the participants can deposit their used cups after drinking their water.

Restrooms

- An adequate number of permanent restrooms are available at the Outlets of Little Rock and will be utilized in place of any temporary porta-lets.
- All toilet facilities be frequently cleaned throughout the event, including frequent touch points (door handles, etc.)

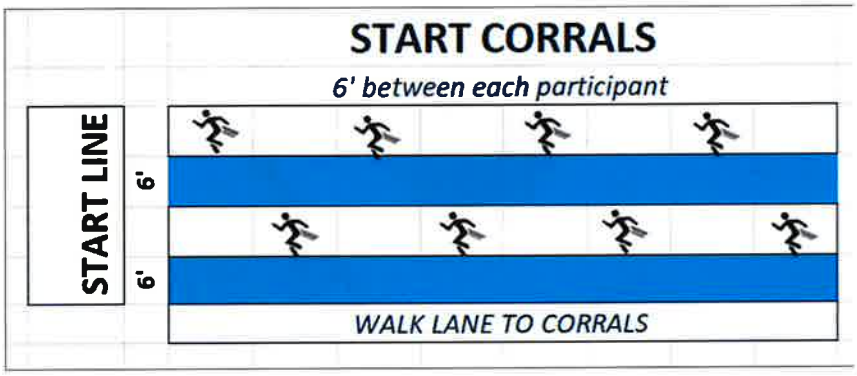
Signage & Public Announcements

- A comprehensive signage and public announcement plan will be instituted leading up to the race and in the start line/finish line area
    - Prior to entering the start corrals
        - Requesting those with symptoms or exposure to not enter
        - No congregating prior to or after the race
    - Inside the start corrals
        - (Public Address Announcement) Masks are required for all(Public Address Announcement) Please follow social distancing guidelines
    - Start Line

- (Public Address Announcement) Do not remove mask until you cross the start line
- Stay socially distanced, as marked on the road
- (Public Address Announcement) Keep social distance while running

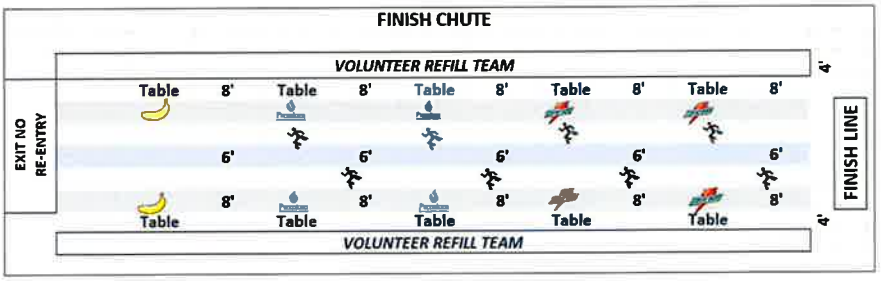
- On Course
  - (Public Address Announcement) Please keep 12-feet from other athletes, except when passing
- Finish Line
  - (Public Address Announcement) Please re-apply mask once you cross the finish line
  - (Public Address Announcement) Stay socially distanced, as you move through the finish area
  - (Public Address Announcement) Please exit the finish area immediately and move to your vehicle

START LINE/ CORRAL RECOMMENDED GUIDELINES



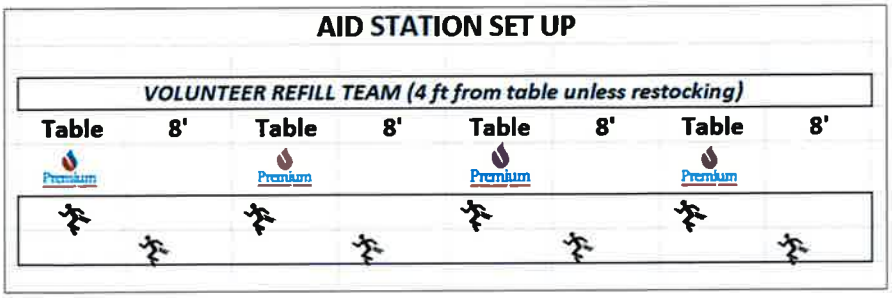
- Participants line up in three rows staggered and spaced 6' apart, MASK ON
- Blue lines indicate six feet between each athlete
- Walk lane is get to proper corral and six feet away from another athlete
- Corral in groups of 75 by the number on their race bib, still staggered and six feet apart
- Signs posted will indicate each corral
- Groups start once they reach the start line. We will progress each group as one starts
- Masks can be removed while running. Mask on when passing another athlete

FINISH LINE RECOMMENDED GUIDELINES



- Face coverings on upon finishing, if they do not have one we will provide it
- Finish chute approximately 50' in length
- Gatorade, water and a banana all self-service. Tables set 8' apart each
- Pickup medal that is wrapped in the casing it came in
- Signs posted "Thank you and please leave the immediate area"
- Stage an area for waiting purposes with social distancing in place
- Awards will be mailed. No onsite ceremony
- No post-race party

AID STATION/VOLUNTEERS RECOMMENDED GUIDELINES



- Face coverings on
- Water is self-service - No handing off
- Tables set 8' apart each
- Volunteers stand 4' behind the beverage table unless restocking
- Trash cans provided

COURSE MAP

Start Time: 7:30 am