



## 2021 Logistics

Saturday, November 20, 2021

11 am

*A beautiful morning greeted an excited crowd of young athletes and their families during the 2020 Final Mile. Almost 1,800 children earned their medal as they crossed the finish line. Thirty-six groups from around the state came to Little Rock to participate in race-day festivities. Four of those groups were new to the Little Rockers Kids Marathon and the training program. More than 3,700 children around the state are utilizing the Little Rockers training program, which is free and online.*

## What is the Little Rockers Kids Marathon?

The Little Rockers Kids Marathon is an event that gives children (1<sup>st</sup> thru 6<sup>th</sup> grade) the opportunity to complete the marathon distance (26.2 miles) over an extended period of time. Participants have several months to complete at least 25.2 miles and may run, jog, walk or do a combination of all three. Then on race day, all registered participants finish their marathon as they run their final mile on the official Little Rock Marathon race course and finish by crossing the official Little Rock Marathon finish line.

Yearly Participation:

	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	Total
Participants	2023	1,780	2,080	2,743	2,335	1,778	1,901	1,684	1,735	1,649	1,370	1,552	1,404	1,134	1,143	1,075	1,224	26,587
Training	3754	3,800	4,400	4,241	3,132	4,556	4,545	4,539	4,372	4,190	3,418	4,712	3,447	1,892	1,337	1,237	1,193	55,011
Total	5,777	5,580	6,480	6,984	5,467	6,334	6,446	6,223	6,107	5,839	4,788	6,264	4,851	3,026	2,480	2,312	2,417	81,598

## Free Training Program

The Little Rockers Kids Marathon Training Program is designed specifically for children and will help them reach their mileage goal prior to race day. The training program is free and available online or through a designated program of the Little Rockers Kids Marathon. Children can train at home with an adult training partner or can join a group if offered at school, church or any civic/community/athletic organization. *Parents should consult with your child's physician before beginning this or any fitness program.*

## Help Your Child Rock – Lead a Program Today

Forming a Little Rockers Program is fun and easy to begin. Programs are led by adult volunteers and can be conducted at school, church or any civic/community/athletic organization. Last year, programs were led by the following:

- 27 – teachers/principals
- 6 – parents
- 2 – other

In 2020, groups came from Alexander, Arkadelphia, Benton, Bryant, DeWitt, Donaldson, Greenbrier, Little Rock, Malvern, Maumelle, North Little Rock, Rison, Star City, Stuttgart, and Ward. To get detailed information on starting a group, please sign-up online.

Once we receive your program's registration you will have access to the Little Rockers Leader Area.

For More Information, please contact:

Little Rockers Kids Marathon  
[littlerockmarathon@littlerock.gov](mailto:littlerockmarathon@littlerock.gov)

