Oakland Community Health Network

Developmental Disabilities • Mental Health • Substance Recovery

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OCHN Celebrates World Mental Health Day

OAKLAND COUNTY, MI (October 10, 2023) – Oakland Community Health Network (OCHN) staff joined nationwide efforts in recognizing World Mental Health Day.

World Mental Health Day celebrated annually on October 10th is an opportunity for people and communities to unite behind the theme **"**Mental health is a universal human right" to improve knowledge, raise awareness and drive actions that promote and protect everyone's mental health as a universal human right. For more information on World Mental Health Day click here.

Individuals struggling with a mental health challenge can call OCHN's Access line at (248) 464-6363 or visit oaklandchn.org. For immediate help, call, text, or chat the Suicide & Crisis Lifeline at 988 or 988lifeline.org.



About OCHN

OCHN is contracted by the Michigan Department of Health and Human Services (MDHHS) to lead a provider service network and manage care for approximately 29,000 Oakland County residents at more than 400 service sites across the county. People who receive public behavioral health services through OCHN's provider network include those who have an intellectual or developmental disability, mental health concerns, or substance use disorder. Most of these individuals have Medicaid insurance coverage.

OCHN's goal is to ensure these individuals are aware of and have access to services and supports that will improve their health and quality of life, as well as ensure their engagement in full community participation. Its mission to “inspire hope, empower people, and strengthen communities” reflects an unyielding belief in a "Valuable System for Valued People." Programs and supports provided by OCHN's service network are available at www.oaklandchn.org.

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