



Access Information

Oakland Community Health Network's (OCHN) screening process helps to determine where a persons needs can be met based on the severity and urgency of the situation.

OCHN Non-Emergency Services

248-464-6363

OCHN Resource & Crisis Center

1200 N. Telegraph Rd., Bldg. 32 E, in Pontiac, MI 48341

Monday - Friday, 8:00 a.m. - 8:00 p.m.

All personal information is kept confidential and will not be shared.

Mental Health Services

Oakland County residents with Medicaid or those who are Medicaid eligible can be connected to public mental health services.

OCHN's Access Team assists:

- Individuals with Intellectual/developmental disabilities
- Adults with mental illness
- Children with serious emotional disturbance

Substance Use Disorders

Oakland County residents with Medicaid, Healthy Michigan, no insurance, and under-insured can be connected to alcohol and drug treatment services.

OCHN Access provides screening, referral, and coordination of:

- Intensive outpatient treatment
- Medication Assisted Treatment (MAT)
- Residential substance use programs



Keep Us in Your Contacts!

1. Scan barcode
2. "Save Contact"
3. "Create New Contact"

IN A CRISIS
CALL 988



**Oakland Community
Health Network**

Developmental Disabilities • Mental Health • Substance Recovery

Funded by



Oakland County YOUTH MOBILE CRISIS TEAM

877-800-1650

For families and individuals across Oakland County, **Youth Mobile Crisis Services** are available to help teens, young adults and children who are experiencing a mental health crisis. Provided by **New Oakland Family Centers**, the services of the Oakland County youth mobile crisis program involve:

- **Rapid mobile response** with therapists who come to your location to help
- **On-the-spot counseling** by mental health professionals to help stabilize emotional and/or behavioral functioning
- **Assessment and coordination** for continued stabilization
- **Connections and referrals** to ongoing services and supports for individuals and families

What are some examples of a crisis?

- Suicidal thoughts
- Threatening behaviors
- Loss of coping skills
- Social isolation
- Self-harm
- Aggression
- Property destruction
- Dangerous or impulsive decision-making

Ask yourself whether the person in crisis is a danger to self or to others. If the answer is YES, we can help. Especially if the person is YOU.



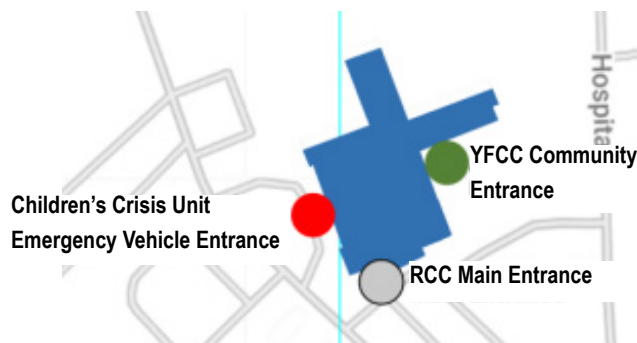
OAKLAND COMMUNITY HEALTH NETWORK

OAKLAND COUNTY'S PUBLIC MENTAL HEALTH SYSTEM



Oakland County Resource and Crisis Center:

Youth and Family Behavioral Health Service Program | New Entrance



Oakland Community Health Network (OCHN) is launching a Youth & Family Care Connection (YFCC) at the Resource & Crisis Center (RCC). OCHN is contracting with New Oakland Family Centers (NOFC) to deliver services to youth ages 17 years and younger, regardless of insurance status.

YFCC Community/Family Access: Triage for behavioral health crisis, supports, and care coordination.

YFCC Children's Crisis Care Unit: Youth who meet screening criteria are eligible to receive on-site care at the YFCC crisis care unit for up to 72 hours if needed and based on capacity. YFCC crisis care services can also be coordinated with hospital emergency departments, including:

- Crisis screening
- Psychiatric evaluations
- Nursing
- Triage
- Medication reviews
- Therapy

1200 N. Telegraph Rd, Building 32E, Pontiac, MI 48341
877-800-1650



INSPIRE HOPE, EMPOWER PEOPLE, AND STRENGTHEN COMMUNITIES

Personal Support for You!

Oakland Community Health Network supports Strength

We all struggle with our moods at times. Anxious or depressive thoughts can weigh us down. Some of us may struggle with drugs or alcohol. Seeking help and focusing on your mental health is important.

Now you can use web and mobile tools to help you get better and stay mentally strong.

myStrength is confidential—just for you. It offers personalized resources to improve your mood. Learning to use myStrength's tools can help overcome the challenges of drug and alcohol abuse.



myStrength's proven web and mobile resources can help strengthen your mind, body and spirit.



SIGN UP TODAY

1. Visit www.myStrength.com.
2. On the myStrength.com home page, click on "Sign-up."
3. Enter the following Access Code: **OaklandMI**
4. Complete the myStrength sign-up process with a brief Wellness Assessment and personal profile.
5. Go Mobile! Using the access code above, get the myStrength app for iOS and Android devices at www.mystrength.com/mobile

What myStrength users are saying

It's nice to have self-guided help that is so accessible.

I love how personal myStrength is for me.

myStrength gives back some of the 'light' I had lost.

The mood tracker is fantastic!

I love that myStrength is available 24 hours a day.

It gives me hope and inspiration for my recovery.

Sober Support Unit (SSU)

The first step towards long term substance use treatment services

The SSU is located at the

OCHN Resource and Crisis Center (RCC)
1200 N. Telegraph Road, Building 32 East, Pontiac, MI 48341

**For more information
call 248-456-8144**

Individuals seeking help can come to the Sober Support Unit for access to substance use treatment.

The Sober Support Unit (SSU) is a sobering and monitoring program for people experiencing side effects of drug and alcohol misuse.

- A 10-bed unit located at the RCC
- Open 24-hours per day, 7 days per week
- Non-medical unit with trained recovery coaches and Emergency Medical Technicians (EMT)

RESOURCE & CRISIS
helpline **800-231-1127**
24 HOURS / 7 DAYS



“Keep Us in Your Contacts”

OCHN’s new “Keep Us in Your Contacts” initiative is helping ensure people have quick and easy access to important behavioral health service information. In just three simple steps, you can add this valuable resource to your smartphone when needed.



1. Scan barcode with smartphone and follow instructions.
2. Select “Save Contact.”
3. Scroll down and tap “Create New Contact.”