

# Grief Support Group



Wednesdays, October 19 & 26; November 9, 16, & 30; December 7  
6:30pm-8:00pm, Mother Mary Rose Room  
Pastoral Outreach Center, 907 Columbia Street

Are you grieving the death of someone close to you?  
Grief and loss can have a significant impact on our lives  
long after the death of the person we love.

The grieving process has no timeline and is unique to each individual,  
but meeting with others who are going through a similar experience  
can provide support and help us cope.

You are invited to join a new 6-week grief support group  
facilitated by St. James Cathedral Staff  
Nancy Granger, Suzanne Lee, and Rosanne Michaels

*Information and registration, Suzanne Lee, 206-654-4640  
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