

YOGA

Every Saturday

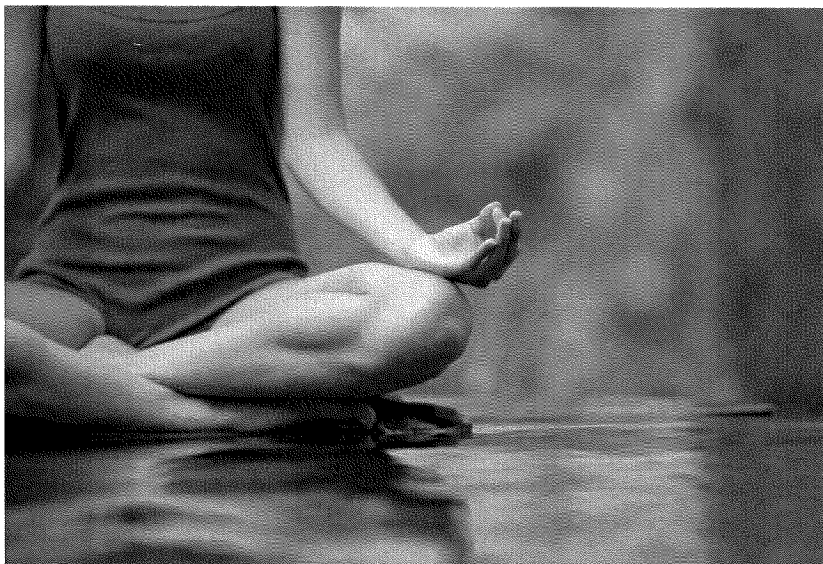
Classes Starting

April 22nd—June 24th

9:00 am—10:00 am

NEXT GENERATION SPORTS

731 Kirkland Road, Chipley, FL 32428



For more information, please contact
Melissa Medley at 850-638-6240 ext. 150

**IMPROVE
CIRCULATION**

**INCREASE
FLEXIBILITY**

**INCREASE MUSCLE
TONE**

IMPROVE MOOD

RELAX

**No Experience
Necessary!**

There will be a skilled instructor
that will teach pose modification
to your skill level.



No person shall, on the grounds of age, color, disability, national origin, race, religion or sex be excluded from participation in, be denied benefits of, or be subject to discrimination under any program or activity receiving or benefiting from federal financial assistance. Sensory impaired or Limited-English Proficiency patients will be provided with necessary aids and interpreters at no cost by calling Kathy Greene at (850) 638-6240 ext. 140.