

Expansion Activities for *Ten Tiny Toes* by Caroline Jayne Church Infant/Toddler (Birth to 3-year-olds)

Following the simultaneous reading, teachers may want to provide one or more of these activities for the children in their class.

Activity: Diapering Experience

Young infants experience and learn about their world through participating in daily routines. A simple daily routine such as diapering can expose children to every developmental domain!

Create a diapering routine around a favorite book, such as *Ten Tiny Toes*. As you are carrying the infant to the diapering station, recite the story in the book. As you are changing the diaper, smile and point to baby's body parts and repeat the words, "Mouth, ears, eyes, nose, arms, belly, legs and ten tiny toes." When diapering is complete, say "touch your belly, laugh and giggle!" Over time, babies will begin to identify their body parts, as well as anticipate an enjoyable interaction with their caregiver.

Standards:

- **Physical Development** - Exhibits body awareness and starts to move intentionally.
- **Approaches to Learning** - Attends to sights, sounds and people for brief and increasing periods of time and tries to produce interesting and pleasurable outcomes.
- **Social and Emotional Development** - Experiences and develops secure relationship with primary caregiver; begins to respond positively to familiar rituals and routines initiated by familiar adult.
- **Language and Literacy** - Responds to gestures of adults; begins to look at familiar people, objects, or animals when they are named; shows enjoyment of the sounds and rhythm of language.
- **Mathematical Thinking** - Attends to objects in play, such as reaching or looking for more than one object.
- **Scientific Inquiry** - Shows curiosity about own body structure.
- **Social Studies** - Begins to explore characteristics of self.
- **Creative Expression Through the Arts** - Uses movement to show increasing body awareness in response to own environment.

Activity –Body Parts

Using the book *Ten Tiny Toes* as a reference, a child may explore various body parts with the help of his teddy bear. Use a teddy bear to gently point out the infant's corresponding body parts as you read the book. Invite a toddler to find the bear's mouth, ears, eyes, nose, belly, arms, legs and toes as you read. The child may enjoy moving the bear or his own body along with the motions in the book. Take this opportunity to introduce the words giggle, wiggle, and bend.

Standards:

- **Physical Development** - Demonstrates use of large muscles for movement, position, strength and coordination
- **Social and Emotional Development** - Develops positive relationships with adults; develops sense of identity and belonging through play.
- **Language and Literacy** - Shows an understanding of words and their meanings (receptive); shows motivation for and appreciation of reading.
- **Scientific Inquiry** - Demonstrates knowledge related to living things and their environments.

Activity: Color the Body Part

Have the child lie down on a large sheet of paper and trace around their body with a watercolor marker or crayon. Ask the child to color or paint different parts of their “paper” body. Use the body parts from the story *Ten Tiny Toes*. Ask them to color their hands green or their feet blue. Have items such as hats, socks, shirts and pants for the child to place on the appropriate body part. Ask the child to put the hat on the head, the socks on the feet, etc.

Standards:

- **Language and Literacy** - Shows an understanding of words and their meanings (receptive); uses increased vocabulary to describe objects, actions and events (expressive).

Activity: Lather Up

Use playtime to review body parts identified in the book (*mouth, ears, eyes, nose, etc.*). Give the child a doll to hold. Then, use a soft washcloth and pretend to wash the doll. Say, “Oh no, the doll is dirty. We need to wash her face.” Pretend to wash the doll’s face with the washcloth. Then say, “Oh no, the doll has dirty hands. Can you wash the doll’s hands?” Give the child the washcloth and let them wash the doll’s hands. Have the child wash the doll’s body parts that were named in the story *Ten Tiny Toes*. Then ask the child to pretend to wash their own nose, hands, feet, knees and other body parts.

Standards:

- **Physical Development** - Responds to and initiates care routines that support personal hygiene.
- **Scientific Inquiry** - Uses senses to explore and understand their social and physical environment; begins to identify some sense organs.

Activity: Body Puzzle

Create cards with photos of the various body parts shown in the story *Ten Tiny Toes*. Place a piece of Velcro or a magnetic strip on the back of each card. As you place the card on a flannel board or metal baking pan, identify the body part, have the children repeat the word and point to the same part on their own body. Older children can find the card with the correct body part and place it on the board themselves. This activity can be introduced at circle time and used during small groups and center time for individual use as appropriate.

Standards:

- **Language and Literacy** - Shows an understanding of words and their meanings (receptive); uses increased vocabulary to describe objects, actions and events (expressive).