



April 7, 2026, 10:00-12:00  
Elaine Wilson with Care  
Around the Block will share  
training for The Savvy  
Caregiver, and Martha Pack  
owner of Adapt and Stay,  
will discuss managing and  
prolonging care in the home.

## CAREGIVER SUPPORT GROUP

1st Tuesday of each month  
10:00am to 12:00pm Room 243

This support group is affiliated with **Alzheimer's Tennessee, Inc.**, and is dedicated to providing education, fellowship, and support for those giving care to a loved one.

**Anyone in the community it welcome to attend! Refreshments will be provided.**  
For more information contact CADES at 865-675-2835 or at [CADES@ConcordUnited.org](mailto:CADES@ConcordUnited.org)



Concord Adult Day Enrichment Services

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