

Safe Connected Thriving

Creating purposeful connections at Settles Bridge Elementary

Why All Pro Dad?



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Better Grades

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More consistent attendance

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Fewer behavioral issues

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Increased ability to learn

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source: The Dad Deficit: A Study on the Absence of Fathers, 2021

What is All Pro Dad?



Some history

- Started by Tony Dungy in 1997 in Tampa, FL
- Wanted to encourage the role of a stronger Dad in kid's lives
- Teaches character-building principles
- Has grown organically into 1000s of chapters across the US







- Monthly Meetings
- Light Breakfast with Dad
- Pride Moment
- Character-building focus
- Purposeful discussion
- Partnership opportunity with PTO





WHAT WE DO...

All Pro Dad Chapters provide an opportunity for dads to spend quality time with their children that will strengthen their relationship. For one hour each month you'll get to join other dads and kids at school for a fun, memory-making event.

DID YOU KNOW...

when a dad is actively involved in his child's life, the child will have...









Join Us

for our next meeting!

Location SBF Cafe

Date Monthly

Time 6:50 AM

Notes: Compassion





Let us know if you're coming. RSVP using our QR code! FOLLOW US: f V 0









"APD provided me a very well thought out framework to grow my relationship with my daughters. It is my belief that the intentionality of the conversation topics and the opportunities to publicly express why I was proud of them has a lot to do with the strong bond I have with them today. I am extremely grateful that Settles Bridge has APD and that we were able to be part of the program."

Gary Chichester - proud father and APD Alumni

What our student alumni say...



"When I started attending APD with my dad, at the moment it was an early morning that promised donuts and fun prizes. After a few months, my mom began to ask me what I had learned at APD, and I could never remember. Afterwords I chose to focus on the character building lessons that I was taught with my dad. I think that APD was the jump-start to the joy I had in spending time with my dad. I still remember the times he would wave goodbye to me from the doorway of my classrooms and feeling so proud that my dad wanted to see me off to class. In the immediate moment, I chose to learn about how to be a better person, but looking back and witnessing the following years, I've seen that my relationship with my Dad is something I continue to view with pride and love." - Riley Chichester, Senior Lambert High School

What our student alumni say...



"I loved getting up early to hang out with my dad because during the day he would be at work and I was at school so we had special time in the morning."- Reagan Zaleski, Lambert Freshmen



"I liked helping my dad set up before the meetings because we got to spend time together. I also liked to hear why my dad was proud of me."

Ally Zaleski, Lambert Senior

Connection is the energy that is created when people feel seen, heard, and valued.

-Brene Brown

