



## 2020-2021 Winter Season Student-Athlete FAQ's

### What are some of the examples NEDS has taken during COVID-19 to reduce its spread?

- NEDS has developed a 2020-2021 Operation Plans During Covid-19, which is available [HERE](#).
- NEDS has acquired a physician consultant with a specialty in infectious diseases who has reviewed the above plan and is available for further advice during the season.
- All student-athletes, caregivers (as applicable), coaches and staff must complete a Google Doc health screen prior to coming to the mountain. Under **no circumstances** will anyone who has responded yes to a symptom be allowed onsite.
- No more than eight individuals, including staff and coaches, will be allowed in the Harney Center and no more than two individuals will be allowed at the NEDS Bretton Woods office at a given time.
- All student-athletes, caregivers (as applicable), staff and volunteers must always wear a mask covering the mouth and nose. A neck-up, bandana or fleece neck gaiter is not an acceptable mask covering for purposes of COVID-19.
- Student athletes must be able to wear a mask at all times, covering the mouth and nose.
- To the extent possible, social distancing of at least six feet must always be maintained. (There are times, of course, when this will not be possible, as helping a student-athlete who has fallen.)

- NEDS is following operational and disinfecting protocols of the Center for Disease Control (CDC), State of NH, Loon Mountain and Bretton Woods that is outlined in the New England Disabled Sports (NEDS) 2020-2021 Operational Plans During COVID-19.

### **Should I consider my personal risk when making a decision to participate in NEDS winter sports this year or not?**

Yes. It may be helpful to discuss your risks with your healthcare provider.

### **How will NEDS operate during the 2020-2021 winter season?**

NEDS will be operating at a limited capacity with a 3-phase reopening plan to maintain safety for staff, volunteers and student-athletes. NEDS commits to following the guidelines of the Center for Disease Control (CDC), State of NH, Loon Mountain and Bretton Woods.

### **What types of lessons will NEDS be offering?**

NEDS will be offering diversified lessons that meet the [NEDS Student-Athlete Essential Eligibility Criteria](#). Lessons will be staggered and varied length of lessons can be offered upon availability.

### **Will you be limiting lessons this winter season?**

Yes. NEDS will be operating at a reduced capacity. In order to maximize opportunities for all student-athletes, lessons will be limited to 10 half days throughout the season. You may choose to be added to a waitlist for additional dates if more lessons become available throughout the season. The student-athlete must be able to participate the whole duration of the lesson. Unfortunately, the seasonal program will not be offered this winter season.

### **Do you offer ski tickets to parents, guardians, caregivers, etc.?**

Unfortunately, we do not have access to lift tickets or any other discount programs if a parent, guardian, caregiver, etc. needs to accompany you on the slopes. They will be responsible for acquiring their own lift ticket and/or rentals through either Loon Mountain or Bretton Woods.

### **When will lesson reservations open for NEDS?**

Lesson reservations will open on **Monday, November 2nd**. To schedule lessons, please call the NEDS office at (603) 745-9333 during the regular business hours of 8:30 am - 4:30 pm. All scheduled lessons will need to be paid for at the time of booking. If a community service provider pays for student-athlete's services, an invoice can be sent to provider. Liability waivers and other necessary paperwork will be provided through an online platform and must be completed prior to the student-athlete's first lesson. A completed [Essential Eligibility](#) must be completed before calling to make lesson reservations.

### **Where will I meet my coach?**

If a student-athlete has their own equipment, the coach(es) will meet at a predetermined designated area outdoors. If a student-athlete needs ski rentals or needs to be fitted for a sit ski or other equipment, the lead coach will meet the student-athlete inside to assist with fittings. Proper safety measures, social distancing and protective gear will be provided. There will be minimal contact and time spent indoors. We encourage student-athletes to participate for the entire length of their lesson and cannot guarantee an indoor break space. If a student-athlete cannot participate for the duration of their lesson, a parent/guardian/caregiver may be called to pick them up before the lesson is scheduled to end.

### **Will I be able to store my ski equipment or personal gear in the Harney Center or Bretton Woods Office during my lesson?**

After consulting with the infectious disease specialist and given the challenge of maintaining and monitoring social distancing and building capacity, there will be no storage of ski equipment or personal gear for student-athletes in the Harney Center and the NEDS Bretton Woods office. Parents, guardians, caregivers, etc. will need to exit the building with the student-athlete during the lesson.