

# Immaculate Conception Church

# LENT *and* EASTER

## 2022

### Mass Times

*Sundays of Lent and Palm Sunday, April 10:*

Saturday at 5:00 pm | Sunday at 8:00 am, 10:00 am & 11:30 am (in Spanish)

*Weekdays:* Tuesday, Wednesday & Friday at 7:30 am | Thursday at 8:30 am

### Ash Wednesday, March 2

IC School Mass at 8:30 am

Ash Wednesday Mass at 7:00 pm

### Holy Thursday, April 14

Morning Prayer (*Lauds*) at 7:30 am

Mass of the Lord's Supper at 7:00 pm

### Good Friday, April 15

Morning Prayer (*Lauds*) at 7:30 am

Celebration of the Lord's Passion at IC Church at 3:00 pm

(*Word, Veneration of the Cross and Communion*)

Stations of the Cross at 7:00 pm

### Holy Saturday, April 16

Morning Prayer (*Lauds*) at 7:30 am

Blessing of Easter Foods & Baskets at 1:00 pm

### Easter Sunday, April 17

Easter Vigil Mass (April 16) at 8:30 pm

Easter Sunday Masses at 8:00 am, 10:00 am, 11:30 am (Spanish)

### Divine Mercy Sunday, April 24

Saturday Mass at 5:00 pm

Sunday Masses at 8:00 am, 10:00 am, 11:30 am (*Spanish*)

Divine Mercy Celebration, Adoration, Chaplet, Benediction at 3:00 pm

### Sacrament of Reconciliation

Weekly, Saturday, individual confessions from 3:00 - 4:45 pm

### Stations of the Cross

*Fridays during Lent* — 2:00 pm, 6:00 pm (*Spanish*), 7:00 pm

*Good Friday, April 15* at 7:00 pm (*bi-lingual*)

- March 18 — Stations of the Cross led by Faith Formation at 7:00 pm
- April 5 — Special Presentation, "Living Stations of the Cross"  
Presented by ICS Students at 9:00 am & 7:00 pm
- April 8 — "Mary's Way of the Cross" led by the ICCW at 2:00 pm

### Eucharistic Adoration

*San Damiano Chapel* — Monday through Friday beginning at 7:00 am.

*Immaculate Conception Church* — Saturdays during Lent, 3:00 pm–4:45 pm

### Lenten Soup Lunch — *Two Fridays during Lent*

March 18 & April 8, 11:30 am - 1:30 pm in Fellowship Hall

### Lenten Fish Dinner — *Two Fridays during Lent*

March 4 & April 1, 4:30 - 6:30 pm in Fellowship Hall

**LENT**  
PRAY † FAST † GIVE ALMS

### Lenten Disciplines of Fasting and Abstinence

*Abstinence:* Catholics 14 years of age and older must abstain from eating meat on Ash Wednesday, Good Friday, and all the Fridays of Lent.

*Fasting:* Catholics between the ages of 18 and 59 inclusive are required to fast on Ash Wednesday and Good Friday. On these days one full meal is allowed. Food may be taken at two other times during the day in order to maintain strength according to one's needs, but together they should not equal another full meal. Eating between meals is not permitted. Liquids, including milk and fruit juices, are allowed.

*Exceptions:* People excused from fasting and abstinence outside the age limits listed above include the physically or mentally ill including individuals suffering from chronic illnesses such as diabetes. Also excluded are pregnant or nursing women. In all cases, common sense should prevail, and ill persons should not further jeopardize their health by fasting.

*"The forty days of Lent recall the forty days that Jesus spent in the desert fasting and praying.  
Lent calls us to conversion, repentance, and growth in love for God and our neighbor."*